

FALL INTO FUN...

...with friends

- Sports Leagues
- Orchestra
- Basketball
- E-Hour
- Adult Day Trips

...with family

- Ozark Rocks Trip
- Father/Daughter Luau
- Yoga for Families
- GPS Trick or Treat

...with fitness

- Boot Camp
- Yoga
- Tai Chi
- Zumba

and more!



*Photo: Ozark Rocks
Parent/Child Trip*

Register online at www.prcommunityed.org



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& Literacy**
Pgs. 36-39



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**Outdoor
Education**
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**School-Age
Care**
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**Sports &
Fitness**
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**Visual &
Performing Arts**
Pgs. 15-17



Fall Highlights

Fall into fun with your friends, family, fitness and more! We're excited for you to see what we have planned for youth, adults and families.

Fun with Friends

Grab your classmates and friends and get your team together for leagues that play and practice throughout Parkway and Rockwood including:

- Grades 3-12 boys and girls basketball (Pg. 4)
- Grades 3-12 girls volleyball (Pg. 5)
- Indoor Soccer/ Futsal fall and winter leagues (Pg. 8)

You'll also make new friends with similar interests in orchestra, E-Hour, art and dance classes and more!



Fun with Fitness

No matter your skill level or interest we have something for you including:

- Ballet Barre Sculpting
- Tai Chi
- Boot Camp
- Yoga
- Core Strengthening
- Zumba
- Slim & Trim
- And more!

Pages 12-14

Fun with Family

Put down the electronic devices and reconnect with your family at one of our family programs:

- GPS Trick or Treat (Pg. 27)
- Parent-Child Art (Pg. 17)
- Family Guitar (Pg. 15)
- Yoga for Families (Pg. 14)
- Ozark Rocks Trip (Pg. 29)



About Us

Parkway-Rockwood Community Ed is a partnership between the Parkway and Rockwood School Districts that provides high quality programs and services that enhance the quality of life for residents.

What We Do

Provide experiences for today, tomorrow and life.



Our Pledge to the Community

We care about your experience. At Community Ed, we constantly strive to make programs more enriching, accessible and engaging so you have the best experience possible while learning and having fun.



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Trek & Travel

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Learn to Swim

SwimAmerica is a state-of-the-art program that teaches your child the skills to be safe in the water.
 Pages 31-33



Adult Arts

Express yourself and find your inner artist in one of our visual arts classes.
 Page 17



Adult Education & Literacy

Read about our resources for continuing education and English as a second language.
 Pages 36-39



Hit the Court with Us

BASKETBALL LEAGUES

Basketball League

Whether you love to play for fun or are looking to play at a higher level, this league is for you! Boys and girls leagues include:

- 10-game schedule and practice times
- Recreational and advanced divisions
- Sign up by team or individually

Grades 3-8

Practices: Weekdays, beginning Nov. 6

Games: Saturdays, beginning Dec. 2

Held at various Parkway & Rockwood locations

\$115 | \$135 after Oct. 1



Be sure to register under your coach's name when registering online. If you don't have a coach we'll put you on a team. Volunteer coaches needed.

High School Basketball League

Partnering with Lindbergh School District

Play basketball with your friends in a recreational setting! League consists of two practices and an eight-game schedule. Register individually, but must be part of an existing team with a coach.

Grades 9-12 | Saturdays | Jan. 6 - Feb. 24

Held at various Parkway, Rockwood and Lindbergh locations

\$99 | \$119 after December 3

NEW THIS YEAR Team Registration

When you register for the basketball or volleyball league look for your coach's name and sign up for that team. If you don't have a coach or don't see your coach's name, sign up for the "No Coach" team and we will get you on your team.

INSTRUCTIONAL BASKETBALL

Mighty Mites Basketball

Young and beginning players will have a ball while learning fundamental skills and rules of the game. Offered in partnership with Ozzie Smith's Sports Academy.

Grades K-2

Saturdays

Starts October 28 | 6 sessions

Beginner (Gr. K) | 9-10:15 a.m.

Beginner (Gr. 1-2) | 10:30-11:45 a.m.

* Intermediate (Gr. 1-2) | 12-1:15 p.m.

* Intermediate (Gr. 1-2) | 1:30-2:45 p.m.

Westridge Elem. or Parkway South Middle | \$99

* Must have previously attended Beginner session or have prior experience.

“
Coach Rob was amazing. We would highly recommend this beginner course.

- Wendi C.
Mighty Mites Mom



Pre-Season Basketball Clinics

Get your game ready for league play with this engaging clinic that focuses on individual, team and game skills. Players will fine tune basketball skills and play in scrimmage games.

Saturdays | Starts September 30 | 6 sessions

Boys (Gr. 3-5) | 9-10:30 a.m.

Boys (Gr. 6-8) | 10:45 a.m - 12:15 p.m.

Girls (Gr. 7-8) | 12:30-2 p.m.

Selvidge Middle | \$99

Wednesdays | Starts September 20 | 6 sessions

Girls (Gr. 3-4) | 5:30-7 p.m.

Girls (Gr. 5-6) | 7:15-8:45 p.m.

Selvidge Middle | \$99

To register online, visit
www.prcommunityed.org or call
636-891-6644 for more information.





Hit the Court with Us

YOUTH VOLLEYBALL LEAGUES

Girls Volleyball League

Looking for a fun way to learn and play volleyball? Join this league to develop fundamental skills through practices and match competition. The league includes practices and a 10-game schedule. Sign up by team or individually. Volunteer coaches are needed.

Grades 3–8

Practices: Weekdays, beginning August 21

Games: Saturdays, beginning September 9

Held at various Parkway & Rockwood locations.

\$105 | \$125 after August 6



New this year! See Page 4 about registering online on your coach's team.

ADULT VOLLEYBALL

Co-Ed Recreational Volleyball League

Get a group of friends together and spend your Friday evenings having fun playing volleyball. Must register as a team, no individual sign-ups.

Ages 18+

Fridays | Starts Sept. 8 | 10 weeks

7 or 8:30 p.m. games | Selvidge MS | \$125/team

Co-ed Volleyball Open Play

Don't have a team? No problem! Join us and meet new people while having fun playing volleyball. Register as an individual and get placed on a team each week. All skill levels welcome.

Ages 18+

Wednesdays | Starts Sept. 6 | 10 weeks

7:30–9:30 p.m. | Parkway North High | \$55

YOUTH TENNIS

Saturday Junior Tennis Clinics

If you're looking to introduce your youngster to the game or have a budding star looking to fine-tune their strokes and develop strategic play, these clinics are for you.



Saturdays | Starts September 16 | 6 sessions
Lafayette High and Parkway South | \$89

Red: Ages 5-8

9-10 a.m.

Intro to basic stroke fundamentals and rules of the game.

Orange: Ages 10 & under

10-11 a.m.

Encourages players to rally while learning the basics of score keeping. Singles and doubles are also introduced.

Green: Ages 12 & under

10-11 a.m.

For more experienced players and an introduction to more strategy based drills.

Yellow: Ages 13-18

11 a.m.-12 p.m.

For players with prior tennis experience. Drills are primarily live ball and strategy oriented.



Tennis anyone? Offered at Lafayette HS and Parkway South HS!

ADULT TENNIS

Tennis Clinics

If you're looking to get some tips and improve your strokes a bit or fine tune your skills for more competitive play, these clinics are for you! At all levels, fundamental stroke technique is developed, live play is emphasized and singles and doubles positioning is evaluated. More experienced players will focus on advanced technical shots and match strategy. Movement and fun are major class components. Offered in partnership with Vetta Sports.



Ages 18+ | Saturdays | Starts September 16

6 sessions | 11 a.m.-12 p.m.

Lafayette or Parkway South High | \$89



Try Something New

BADMINTON

Badminton

Learn to play the fastest racket sport in the world! Improve skills through drills and instruction for first 60 minutes then put practice into game play for last 30 minutes of each session. Experience playing on a dedicated professional indoor badminton court. Badminton Racket will be provided. Offered in partnership with Arch Badminton Center.

Grades 3-8 | Mondays

Session 1 | Starts September 11 | 6 sessions

Session 2 | Starts November 6 | 6 sessions

6-7:30 p.m. | Arch Badminton Center | \$99

BATON

Introduction to Baton Twirling

Experience the creativity, fun and excitement of baton twirling! Learn twirling skills in a high energy, positive format. Each student will need to purchase a properly fitted baton. Taught by Community Ed instructor Lisa Bartfeld.

Grades K-5

Wednesdays | 6:30-7:30 p.m.

Session 1 | Starts August 30 | 6 sessions

Session 2 | Starts October 18 | 6 sessions

Highcroft Ridge Elementary

Thursdays | 6:30-7:30 p.m.

Session 1 | Starts August 31 | 6 sessions

Sessions 2 | Starts October 19 | 6 sessions

Ellisville Elementary | \$69

CHEERLEADING

Cheer FUNdamentals

Cheer, dance, stunt and tumble as you build coordination and fitness. Learn a routine that incorporates the latest hip hop cheer moves and basic stunting while utilizing the tumbling skills you already know. The program concludes with a fun opportunity to perform for family and friends. Offered in partnership with Hi-NRG Gymnastics.



Tuesdays | Starts September 5 | 8 sessions

Gr. K-2 | 6-6:50 p.m. | Gr. 3-5 | 7-7:50 pm

Ellisville Elementary | \$119

Thursdays | Starts September 7 | 8 sessions

Gr. K-2 | 6-6:50 p.m. | Gr. 3-5 | 7-7:50 pm

Hanna Woods Elementary | \$119

FENCING

Junior Fencing Program

Improve your speed, strength, skill and strategic skills and try a great new sport like fencing! In this beginner's class, you will learn basic footwork and blade work. Session will culminate with a class tournament. Offered in partnership with Parkway Fencing Club.



Ages 10-14

Mondays | Starts September 11 | 6 Sessions

6:30-8 p.m. | Ellisville Elementary | \$135

Thursdays | Starts September 14 | 6 Sessions

6:30-8 p.m. | Pierremont Elementary | \$135

GYMNASTICS

Preschool Gymnastics

Does your child enjoy fast paced movement and tumbling? If so, this program is for you. Children cultivate coordination, agility, strength and balance while learning fun, new skills. We'll use rings, beams, mats of all shapes and sizes, spring boards, bars and agility-balanced obstacles. Offered in partnership with Hi-NRG Gymnastics.



Ages 3-6 | 6-6:50 p.m. | 8 sessions | \$119

Tuesdays | Starts Sept. 5 | Fern Ridge HS

Wednesdays | Starts Sept. 6 | Hanna Woods Elem.

Thursdays | Starts Sept. 7 | Ellisville Elem.

Ninja Obstacle and Gymnastics

Join us for all the fun and benefits of gymnastics combined with ninja obstacles as seen on TV. Obstacles are designed with the young athlete in mind and will challenge your upper body strength, balance and coordination. Offered in partnership with Hi-NRG Gymnastics.



These popular classes are now offered on 3 nights in 3 locations!

Ages 7-10 | 7-7:50 p.m. | 8 sessions | \$119

Tuesdays | Starts Sept. 5 | Fern Ridge HS

Wednesdays | Starts Sept. 6 | Hanna Woods Elem.

Thursdays | Starts Sept. 7 | Ellisville Elem.



Try Something New

LACROSSE

Lacrosse Instructional Program

Have fun and give lacrosse a try without having to make a big commitment. Young boys and girls get introduced to the game. Each week, players will learn and practice for about 45 minutes and then put those skills into action with 30 minutes of game play. Offered in partnership with JUMP BUNCH Sports and Fitness for Kids.

Saturdays | Starts September 30 | 4 sessions
 Grades 1-3 | 9-10:15 am
 Grades 4-6 | 10:30-11:45 am
 Ellisville Elementary | \$69



This co-ed instructional program is a great way to give lacrosse a try before making a longer commitment to a league.

SPECIALTY

Sports Sampler Program

Try out a variety of sports without making a commitment to a full season. Get introduced to basketball, soccer, lacrosse and golf. Learn fundamental skills and rules and play engaging game-like drills. Offered in partnership with JUMP BUNCH Sports and Fitness for Kids.

Grades K-5 | Wednesdays | Starts August 30
 6 sessions | 6:15-7:30 p.m. | Fairway Elem. | \$89

To register online, visit
www.prcommunityed.org or call
 636-891-6644 for more information.



MARTIAL ARTS/SELF DEFENSE



Build your child's confidence, discipline and strength through a six-week karate course.

Karate

Develop confidence, self-control and a calmness while learning self-defense and having FUN! Black belt instructor encourages rather than intimidates, and teaches hand/foot techniques including throws and breaking free from an attacker or bully. Stressed as a martial art rather than a competitive sport. Offered in partnership with Karate STL.



Ages 4-14+
 Mondays | 6 sessions | Ross Elem. | \$79
 Session 1 starts Sept 18 | Session 2 starts Nov. 6
 Tuesdays | 6 sessions | Selvidge Middle | \$79
 Session 1 starts Sept 19 | Session 2 starts Nov. 7
 Tiny Tigers | Ages 4-6 | 6-6:50 p.m.
 Kids Karate | Ages 7-13 | 7-7:50 p.m.
 Adult Karate | Ages 14+ | 8-8:50 p.m.

WINTER SPORTS

Learn to Ski/Learn to Snowboard

Winter fun is just minutes away! Join us and learn how to ski or snowboard. Both programs include lessons, open ski, lift ticket and equipment rental (helmet rental excluded). See our website for complete details.

Tuesdays, Wednesdays or Thursdays
 Starts week of Jan. 8
 Hidden Valley Ski Resort

Learn to Ski | Ages 8-Adult | \$184
 Lessons take place first two weeks of program

Learn to Snowboard | Ages 12-Adult | \$199
 Lessons take place first three weeks of program



Get Your Kicks With Us

OUTDOOR SOCCER

Soccer Shrimps

Little ones will love playing the game and learning basic soccer skills through fun activities and games. Each week, players will receive a variety of instructional practice and game play. All players receive shirt and ball.

Age 3

Saturdays | Starts September 9

6 sessions | 10-10:40 a.m.

Fairway Elem. or Green Trails Elem. | \$89

Ages 4-5

Saturdays | Starts September 9

6 sessions | 9-9:50 a.m.

Fairway Elem. or Green Trails Elem. | \$89

Developmental Soccer Program

Take your game to the next level in this engaging camp! Boys and girls will learn proper technique, improve individual ball skills, participate in team building exercises and gain confidence on the ball. Campers receive a t-shirt. Offered in partnership with St. Louis Scott Gallagher Soccer Club.

Saturdays | Starts September 9 | 6 sessions

Gr. K-2 | 9-10:15 a.m.

Gr. 3-5 | 10:30-11:45 a.m.

Parkway South Middle | \$109



No matter your age or skill level, we've got a soccer program for you with Soccer Shrimps and our Developmental Soccer Program.

INDOOR SOCCER/FUTSAL

Indoor Soccer/Futsal League and Training Clinics

Can't get enough soccer? Brand-new format includes Wednesday or Friday evening training sessions with drills on individual ball skills, team-building exercises and building self-confidence one day a week. Then put your skills into action in Sunday games. Includes T-Shirt. Offered in partnership with St. Louis Scott Gallagher Soccer Club.

Grades K-5

Fall Session

Training Clinics

Wednesdays | Starts Nov. 15 | 6 sessions

4:30-5:25 p.m. or 5:30-6:25 p.m. | Vetta

Manchester

or

Fridays | Starts Nov. 17 | 6 sessions

6-7 p.m. or 7-8 p.m. | St. Louis Soccer Park

Games

5-game schedule starts Sunday Nov. 19 at various Parkway and Rockwood Facilities

Winter Session

Training Clinics

Wednesdays | Starts Jan. 3 | 6 sessions

4:30-5:25 p.m. or 5:30-6:25 p.m. | Vetta

Manchester

or

Fridays | Starts Jan. 5 | 6 sessions

6-7 p.m. or 7-8 p.m. | St. Louis Soccer Park

Games

5-game schedule starts Sunday Jan. 7 at various Parkway and Rockwood Facilities

\$219/session for League and Clinics

\$135/session for just Clinics



Don't let the cold weather keep you from playing soccer! Check out the new format of our Futsal Training League.



Fall Into Fun with Family

Get Outdoors

Escape the screens and reconnect with your family and nature with our **Ozark Rocks Overnight Trip** for 4th Grade Families October 7-8 or 21-22. See page. 29. Register early for our very popular GPS Trick or Treat program October 22 at Babler State Park. See page 27.



Enjoy a beautiful fall overnight weekend trip with your 4th grader October 7-8 or 21-22.

Discover Your Inner Artist or Musician

Get away from the video games and running around from sport to sport and experience an enriching program for you and your child with **Family Guitar** starting September 12 or **Parent-Child Art** starting October 11. These are great ways for you to make weekly time for you and your child. See pages 15 and 17.



Playing a musical instrument like a guitar is a great hobby for parents to do with their child.

Try Something New

Curious about what the Yoga craze is all about? **Yoga for Families** is a perfect opportunity for you and your family to try a great, life-long fitness and wellness activity. See page 14.



Our brand-new Yoga for Families program is a great way to see the benefits of Yoga and have a way to connect with your family.

Create Special Memories

There's nothing more precious than the relationship between a father and daughter. Enjoy a special evening with our annual **Daddy-Daughter Event**. This year it has a fun Luau theme. See page 20.



The Daddy-Daughter Luau is sure to be a special and fun bonding experience for fathers and daughters.



Rockwood Thunder Volleyball Club

Rockwood Thunder Volleyball Club is a competitive co-ed club with the largest girls contingent in the Gateway Region USA Volleyball. Coaches stress individual skills for player development and values such as teamwork, commitment and sportsmanship. In 2016, US Club Rankings rated Rockwood Thunder 12th in the nation, 1st in Missouri and 1st in the Gateway Region. *Team tryouts and programs are open to athletes throughout the St. Louis region. Visit www.rockwoodthundervbc.com for more information.*



Volley Totz

A seven-class introductory program for boys and girls that focuses on fun, basic volleyball technique, hand-eye coordination and more.

Ages 5-7 | Wednesdays | Jan. 3 - Feb. 28 | 5-6:15 p.m.
Parkway West Middle | \$99 | *Registration opens October 27*

U8 Program

This eight-class program focuses on more intensive technical skill development, footwork, core strength and agility. Teamwork, discipline and work ethic will be developed through mini-games.

Ages 7-9 | Mondays | Dec. 11 - March 19 | 4:45-6:15 p.m.
Crestview Middle | \$155 | *Registration opens October 27*

U9 Program

This 10-class program centers on motor skill development, with hand-eye technical skill development, and an introduction to game play. Foundations of teamwork, gamesmanship, and work ethic will be addressed through mini-games and scrimmages.

Ages 8-9 | Thursdays | Dec. 7 - March 22 | 4:45-6:15 p.m.
Crestview Middle | \$170 | *Registration opens October 27*

U10 Program

Build your technical proficiency while emphasizing a progression toward competitive game play. Development of accountability and practice habits will be fulfilled as teams compete in in-house tournaments as well as the regional U10 tournament. Select the location that works best for you.

Ages 9-10 | Starts week of Nov. 13 | 12 sessions
Mondays | 4:45-6:15 p.m. | Crestview Middle
Wednesdays | 4:45-6:15 p.m. | Parkway West MS
Thursdays | 4:45-6:15 p.m. | Crestview Middle
\$275 | *Registration opens October 27*



No tryouts are required for the U8-U10 Rockwood Thunder instructional programs and are a great way to improve your game no matter your level.

U10-U18 Competitive Teams

A competitive program where teams are formed and divided by age and skill level. Teams compete in multiple tournaments during the season both in and out of state.

TRYOUT INFORMATION

Boys U10-U18

Sept. 29 - Oct. 1
Rockwood Admin Annex

Girls U10-U14

Oct. 27-29
Crestview Middle

Girls U15-U18

Nov. 17-19
Crestview Middle

Tryouts are open to all athletes who meet the Gateway age requirements. Tryout times will be determined in early September and posted online.

Tryout fee is \$20 per player.



Rockwood Thunder Volleyball Club

Pre-Season Volleyball Skills Clinics

For boys and girls interested in working on specific skills. Club coaches conduct the clinics and work individually with each athlete.

All clinics held at Crestview Middle School or the Rockwood Admin Annex.

Ages U10-U12			
Clinic	Date	Time	Fee
Attacking	Sept. 10	6-7:30 p.m.	\$40
Defense	Sept. 13	6-7:30 p.m.	\$40
Setting	Sept. 17	6-7:30 p.m.	\$40
Serve/ Serve Receive	Oct. 19	6-7:30 p.m.	\$40
Game Night	Oct. 25	6-7:30 p.m.	\$40

Ages U13-U14			
Clinic	Date	Time	Fee
Attacking	Sept. 10	7:45-9:15 p.m.	\$40
Defense	Sept. 13	7:45-9:15 p.m.	\$40
Setting	Sept. 17	7:45-9:15 p.m.	\$40
6 Rotational Skills	Sept. 24	6-8 p.m.	\$45
Setters	Sept. 27	7-9 p.m.	\$45
Middle	Sept. 27	7-9 p.m.	\$45
Blockers/Hitters			
Serve/ Serve Receive	Oct. 19	7:45-9:15 p.m.	\$40
Game Night	Oct. 25	7:45-9:15 p.m.	\$40

Ages U15 & U 17			
Clinic	Date	Time	Fee
Defense	Nov. 8	6-7:30 p.m.	\$40
Attacking	Nov. 14	7:45-9:15 p.m.	\$40

Ages U16 & U18			
Clinic	Date	Time	Fee
Defense	Nov. 8	7:45-9:15 p.m.	\$40
Attacking	Nov. 14	6-7:30 p.m.	\$40

Pre-Season Volleyball Camp

For boys and girls interested in preparing for Gateway Region club tryouts.

This intense, two-hour, four-day camp under the leadership of Club Director Gretchen Moser and Club coaches will provide the type of experience athletes will encounter at club tryouts. Maximum of 100 campers.

Ages U10-U12 | Oct. 9-11

Ages U13-U14 | Oct. 16-18

7-9 p.m. | Crestview Middle

\$95 | Registration closes October 16

*Schedule details will be provided online by Sept. 9



Rockwood Thunder is the premier volleyball club in the area. Learn more at rockwoodthundervbc.com.

Open Clinics

Open clinics give players the opportunity to practice and work on skills outside of scheduled practices. All open gyms are supervised by Club coaches and are available throughout the year. Visit www.rockwoodthundervbc.com for schedule. Open clinics cost \$10 per player and are held at Crestview Middle School.

October 1

U10-U11 | 4-5:30 p.m.

U12 | 5:45-7:15 p.m.

U13 | 7:30-9 p.m.

October 22

U12 | 4-5:30 p.m.

U13 | 5:45-7:15 p.m.

U14 | 7:30-9 p.m.

October 8

U10-U11 | 4-5:30 p.m.

U12 | 5:45-7:15 p.m.

U14 | 7:30-9 p.m.

November 5

U15 | 4-5:30 p.m.

U16 | 5:45-7:15 p.m.

U17-U18 | 7:30-9 p.m.

October 15

U10-U11 | 4-5:30 p.m.

U13 | 5:45-7:15 p.m.

U14 | 7:30-9 p.m.

November 12

U17-U18 | 4-5:30 p.m.

U16 | 5:45-7:15 p.m.

U15 | 7:30-9 p.m.

To register online, visit www.prcommunityed.org or call 636-891-6644 for more information.





Exercise Classes with Julie

ADULT FITNESS CLASSES

Ballet Barre Sculpting

Have you ever wanted the sculpted body of a dancer? If so, then this class is for you. Come learn the exercises dancers use to tone, sculpt and strengthen arms, legs, back and stomach. In addition to strength, the exercises you learn will help improve posture and increase flexibility in a low impact way that requires no dance experience. Men and women are welcome.

Ages 18+
Wednesdays | Starts Sept. 13 | 10 sessions
7-8 p.m. | Sorrento Springs Elementary
\$55 | \$27.50 Gold Card/Golden Key Card

Boot Camp

Jumpstart your exercise program as we focus on toning, flexibility and calorie burning. Learn exercises that stem from dance, Pilates, strength training and other fitness programs. The class will mostly be low impact and will be adjusted to fit each individual's fitness level.

Ages 18+
Mondays | Starts Sept. 11 | 10 sessions
8-9 p.m. | Henry Elementary
\$55 | \$27.50 Gold Card/Golden Key Card

Core Strengthening

Work your abs in every way possible targeting your core and improving strength, flexibility, and everyday health.

Ages 18+
Wednesdays | Starts Sept. 13 | 10 sessions
8-8:30 p.m. | Sorrento Springs Elementary
\$35 | \$17.50 Gold Card/Golden Key Card

Stretching and Flexibility

Stretch, strengthen and align your body with this fitness class! Come join us to increase flexibility to make everyday chores easier. Work at your own pace and progress at a comfortable pace. Within a few weeks you will see the difference stretching can have on the daily course of your life and overall health.

Ages 18+
Tuesdays | Starts Sept. 12 | 10 sessions
7-8 p.m. | Wren Hollow Elementary OR
Thursdays | Starts Sept. 14 | 10 sessions
7-8 p.m. | Parkway Central High
\$55 | \$27.50 Gold Card/Golden Key Card

ABOUT THE INSTRUCTOR

Community Ed fitness instructor Julie Williams has been teaching dance and fitness classes for more than



15 years and has had more than 20 years of training. She was the first person in the state of Missouri to be certified to teach all types of dance and fitness classes.

ZUMBA

Advanced Zumba

Want to take your love of Zumba to the next level? Learn more advanced steps and move a bit faster. Come move to the beat in this exercise class that helps strengthen muscles, promote weight loss and have fun!

Ages 18+
Mondays | Starts September 11 | 10 sessions
7-8 p.m. | Henry Elementary
\$55 | \$27.50 Gold Card/Golden Key Card

Zumba

Move to the beat! Zumba is the exercise craze that combines aerobic workout, high energy and motivating music, with fun Latin dance steps and rhythms. This effective, high calorie burning workout is fun, easy to follow and requires no prior dance experience. Strengthen muscles, promote weight loss or just cut loose and have fun.

Ages 18+
Tuesdays | Starts September 12 | 10 sessions
8-9 p.m. | Wren Hollow Elementary
Thursdays | Starts September 14 | 10 sessions
8-9 p.m. | Parkway Central High
\$55 | \$27.50 Gold Card/Golden Key Card

Registration will be accepted via the following:

- Online at www.prcommunityed.org
- By phone at 636-891-6644
- By mail: Complete form on page 35





Take Time Out & Find Inner Peace

TAI CHI

Beginning Tai Chi

Learn basic Tai Chi movements and the first part of the Yang style 24 form. The practice of Tai Chi has been shown to improve muscle strength, flexibility and balance, as well as reduce stress. For this low impact class, wear comfortable clothing and flat shoes.

“
Wendy is very patient and yet moves forward. No one feels rushed. She is perfectly suited to this type of education.
 ”

- Ed H.
 Past Beginning
 Tai Chi Participant

Ages 18+

Mondays | Starts Sept. 18 | 10 sessions
 5:25-6:25 p.m. | Parkway West High

Thursdays | Starts Sept. 21 | 10 sessions
 6-7 p.m. | Selvidge Middle

\$55 | \$27.50 Gold Card/Golden Key Card

Advanced Tai Chi

For students who have learned the entire 24 form and wish to refine their practice.

Ages 18+

Mondays | Starts Sept. 18 | 10 sessions
 7:30-8:30 p.m. | Parkway West High

\$55 | \$27.50 Gold Card/Golden Key Card

ABOUT THE INSTRUCTOR

Community
 Ed fitness
 instructor
 Wendy Carter
 Richards
 has been
 studying and
 practicing tai
 chi for more



than 10 years and teaching for more than 5 years. Wendy studied Yang style tai chi with Leonard Bissa. She currently studies Wudang tai chi with Tim Bruewer, Director - St Louis Daoist Association.

Continuing Tai Chi

For students who have taken the beginning Tai Chi class, we will continue to explore the gentle movements through focus on learning the Modified Yang 24 Form.

Ages 18+

Mondays | Starts Sept. 18 | 10 sessions
 6:30-7:30 p.m. | Parkway West High

Thursdays | Starts Sept. 21 | 10 sessions
 7-8 p.m. | Selvidge Middle

\$55 | \$27.50 Gold Card/Golden Key Card

MEDITATION

Meditation

Meditation - it's good for everyone! Meditation can enhance mental clarity, bring emotional balance, increase focus, develop a relaxed attitude through increased awareness, and slow body mechanisms enhancing relaxation. It is a serious way to decrease stress, reduce anxiety, and other forms of discomfort. Discover breathing and meditation techniques, as taught by the Himilayan Masters, as we explore the basic steps to mindfulness meditation. Offered in partnership with Fitness With A Twist.

Ages 18+

Mondays | Starts Sept. 18 | 4 sessions
 6-7 p.m. | Parkway Central High

Thursdays | Starts Oct. 12 | 4 sessions
 6-7 p.m. | Parkway Central High

\$59 | Gold Card/Golden Key Card Does Not Apply



Namaste! Enjoy the Benefits of Yoga

YOGA FOR ADULTS

Beginning Yoga

Experience the gift of yoga! Yoga benefits those of all ages—improving flexibility, strength, and balance. Practice can reduce stress, enhance mental clarity and awareness through a body-breath-mind connection. Bring your yoga mat to the first class. Offered in partnership with Fitness With a Twist.

Ages 18+

Thursdays | Starts Sept. 14 | 7 sessions
7-8 p.m. | Parkway Central High
\$59 | *Gold Card/Golden Key Card does not apply*

Thursdays | Starts Nov. 2 | 6 sessions
7-8 p.m. | Parkway Central High
\$49 | *Gold Card/Golden Key Card does not apply*

Continuing Yoga

Have prior yoga experience? Continue to build on your skills to increase flexibility, strength, balance and awareness while calming your mind through breathing techniques. Bring your yoga mat and a blanket. Props will be discussed in the first class. Offered in partnership with Fitness With a Twist.

Ages 18+

Mondays | Starts Sept. 18 | 7 sessions
7-8:30 p.m. | Parkway Central High
\$79 | *Gold Card/Golden Key Card does not apply*

Mondays | Starts Nov. 6 | 6 sessions
7-8:30 p.m. | Parkway Central High
\$69 | *Gold Card/Golden Key Card does not apply*

Yoga for Young Athletes

Do you participate in sports? Yoga is for you! Developing a yoga practice enhances clarity and awareness while improving flexibility, strength, and balance. Bring a yoga mat. Athletes as well as their parent(s) are welcome to enroll. Offered in partnership with Fitness With a Twist.



Ages 18+

Thursdays | Starts Sept. 14
6 sessions | 8-9 p.m. | Parkway Central High
\$59 | *Gold Card/Golden Key Card does not apply*

Thursdays | Starts Oct. 26
6 sessions | 8-9 p.m. | Parkway Central High
\$59 | *Gold Card/Golden Key Card does not apply*

YOGA FOR ADULTS

Vinyasa Yoga

Gradual Progression of poses that target muscles and leads to a dynamic and challenging flow from posture to posture. It is a connection of mind, body and spirit that incorporates different types of poses. Taught by Community Ed instructor Angela Jurgensen.



If you've ever thought about giving yoga a try, we have a program for you!

Ages 18+

Tuesdays | Starts Sept. 19 | 10 sessions
7-8 p.m. | Selvidge Middle
\$55 | *\$27.50 Gold Card/Golden Key Card*

Yin Yoga

This slower paced yoga targets the connective tissues such as ligaments, bones and joints. It's the perfect compliment to the dynamic and muscular (yang) styles. It is passive and soft practice. Yin cultivates awareness of inner silence, a mindfulness meditative type of yoga. Taught by Community Ed instructor Angela Jurgensen.

Ages 18+

Tuesdays | Starts Sept. 19 | 10 sessions
6-7 p.m. | Selvidge Middle
\$55 | *\$27.50 Gold Card/Golden Key Card*

YOGA FOR FAMILIES

Yoga for Families: A Taste of Yoga

Have fun and get fit participating with your child in a yoga class-- designed to improve flexibility, strength, and balance while enhancing focus and awareness. Parent must enroll and attend with their son/daughter. Bring your yoga mats to class. Offered in partnership with Fitness With a Twist.



All ages | Mondays | Starts Sept. 18
4 sessions | 6-7 p.m. | Parkway Central High
\$39 | *Gold Card/Golden Key Card does not apply*



Find Your Inner Musician

Parkway-Rockwood Intermediate Honor Orchestra

Join this premier orchestra for Parkway and Rockwood students in grades 4–8 that provides an outstanding orchestral opportunity for students wishing to further their music education.

Rehearsals begin October 16 at Crestview Middle School from 4:30–6 p.m. Attendance at rehearsal is mandatory.

Auditions will be held October 9 and 10 at Crestview Middle School from 4-7 p.m. To learn more and schedule an audition, visit www.prcommunityed.org/vpa.

\$135 | Payable after acceptance into program

“

Honor Orchestra was a wonderful opportunity for my daughter who plays the viola. She enjoyed meeting other orchestra students in the district, learning new music, and increasing her playing ability!

- Kalley R.
Honors Orchestra Parent

”

Family Guitar

Create special memories as you learn the basics of playing the guitar, TOGETHER! This class is designed for one parent and one child to learn together and play together. Taught by Community Ed Instructor Paul Gregor.

Ages 12+ and adult

Wednesdays | Starts Sept. 20 | 8 Sessions
6-7 p.m. | Parkway NE Middle | \$49/person



If you know a few chords or don't know any, Family Guitar is a great way for you and your child to learn a fun instrument together.

Share Your Passion! We're Hiring Instructors



We're always looking for individuals and organizations to join us in providing lifelong learning opportunities for our community.

- Flexible Hours & Locations
- Create Your Curriculum
- Earn Extra Income

We offer programs for youth, adults and families in enrichment, sports, fitness and arts. Visit www.prcommunityed.org for more information.



Unleash the Dancer Within You

YOUTH DANCE

Hip Hop Dance

Do you love to dance and listen to great music? Come dance to the beat as we focus on different techniques and choreography with Hip Hop and Jazz. We will have a mini-recital for parents on the last day of class. Offered in partnership with Tippi Toes Dance Company.

Ages 6-11

Wednesdays | Starts Sept. 20 | 10 sessions
6-7 p.m. | Kehrs Mill Elementary | \$130



Get into the groove with us in one of our engaging and fun dance programs.

Ballet, Tap and Jazz Dance

Youngsters will get a taste of three types of dance using high-energy music. This is a great way to have fun and move while getting introduced into dance. Dancers may wear comfortable clothing or dance attire. Ballet slippers are preferred but not required. Offered in partnership with Tippi Toes Dance Company.

Ages 3-6

Tuesdays | Starts Sept 19 | 10 sessions
6-7 p.m. | Kehrs Mill Elementary | \$130

Please note: dates and locations are subject to change. For the most updated information visit www.prcommunityed.org or call **636-891-6644** for more information.



ADULT DANCE

Ballroom, Latin and a Little Bit of Swing

Have a passion for dance and want to look like a professional? Want to learn something new with your significant other? Come join in the fun and learn new dances in this interactive dance class. Taught by Community Ed instructors Brian and Joan Lashley.

Ages 18+

Mondays | Starts Sept. 18 | 10 sessions
7:30-9 p.m. | Parkway West HS
\$59 | *Gold Card/Golden Key Card does not apply*

Beginning Country Line Dancing

No need for a partner but bring your friends and have a lot of fun while getting great exercise! Learn basic line dances from beginning to intermediate; Electric Slide, Slapping Leather, River Waltz and many more. Taught by Community Ed Instructor Beth Goyer.

Ages 18+

Mondays | Starts Sept. 18 | 10 sessions
6-7:30 p.m. | Parkway West MS
\$59 | *\$29.50 Gold Card/Golden Key Card*

Intermediate Country Line Dancing

If you love to country line dance and already took the beginner class then this is the place for you! Learn Wild Stallion, Rockin' the Wagon Wheel, Boot Scootin' Boogie and many more. Taught by Community Ed Instructor Beth Goyer.

Ages 18+

Wednesdays | Starts Sept. 20 | 10 sessions
6-7:30 p.m. | Parkway West MS
\$59 | *\$29.50 Gold Card/Golden Key Card*



Dance and have a great time in one of our adult classes. There's something for everyone.



Discover Your Creative Side

YOUTH AND FAMILY ARTS

Kids Night Out Art Class

Imagination will soar at our first ever Kids Night Out Art Class! We'll snack on pizza and create new masterpieces as we use different art mediums like drawing, painting, pastels and more. It's a great opportunity for parents to enjoy a night out while the kids are creating art! Taught by Community Ed instructor.

Ages 5–11 | Friday | Dec. 15
6–8 p.m. | Selvidge Middle | \$25



Did you know that Community Ed has art programs for youth, families and adults? There's sure to be something for you!

Parent-Child Art

Back by popular demand! Explore the tools and techniques of a fine artist while having fun discovering the world of art with your child! Together as a team participate in different artistic media and techniques as we draw, paint, splatter and create while making lasting memories. Taught by Community Ed instructor.

Grades K–5 and parent
Wednesdays | Starts Oct. 11 | 6 sessions
5:30–6:30 p.m. | Selvidge Middle | \$35

ADULT ARTS

Watercolor Basics

Explore the world of watercolor as we focus on the fundamentals. We will discuss how to buy and use equipment such as stretching paper, the difference in grades of paper, books, video and paints. Learn how to sketch your painting and use blending, wet on wet, dry brush and other techniques. Taught by Community Ed instructor Terry Neal.

Ages 18+ | Tuesdays | Oct. 3 | 6 sessions
10 a.m.–12 p.m. | Ellisville Elem.
\$129 | *Gold Card/Golden Key Card does not apply*

Beginning Calligraphy

Here's your chance to create beautiful artistic lettering. Good handwriting is NOT a prerequisite! Learn to write in uncial (Celtic), one of the easiest to learn among the classic lettering styles and discover the wide world of the art of calligraphy. Taught by Community Ed instructor Cheryl Tefft.

Ages 18+
Wednesdays | Starts Sept. 20 | 10 sessions
6:30–8:30 p.m. | Parkway Northeast Middle
\$129 | *Gold Card/Golden Key Card does not apply*

Introduction to Voiceovers

Fun, empowering introductory workshop covering the different types of voiceovers and what tools are needed to find success. Receive coaching and a professional voiceover evaluation. Gain the knowledge necessary if voiceover is something you'd like to pursue. Offered in partnership with Voices for All.

Ages 18+ | Thursday | November 2
6–8 p.m. | Parkway Central HS
\$59 | *Gold Card/Golden Key Card does not apply*

Photography Studio

Love photography but need a little help from the pros? Learn the basics of photography and trips and tricks used by professionals to make your portraits, selfie and pictures look great. You will also learn the basics of photo editing. Whether you have a lot of photography skills or just want to spark an interest, this class is for you! Taught by Rockwood art teacher Jeff Sass.

Ages 18+ | Mondays | Starts Sept. 18 | 8 sessions
6–7:30 p.m. | Rockwood South Middle
\$89 | *\$34.50 Gold Card/Golden Key Card*



• SCHOOL-AGE CARE •

PART-TIME STAFF WANTED!

Are you looking for a part-time job to earn some extra money?

Do you know a college student or adult looking for a job that will work around their schedule?

Great Work Environment, Great Benefits, Great Job!

- ✦ Flexible hours with no nights or weekends
- ✦ Split shift bonus pay
- ✦ Paid time off for holidays, sick time, and perfect attendance pay
- ✦ Positions available in Parkway and Rockwood
- ✦ Impact the lives of children every day
- ✦ Free child-care while you work (restrictions apply)

Fun while you work!

Visit www.prcommunityed.org/adventureclub or email ACjobs@prcommunityed.org to learn more or apply.



Offering Quality Care Since 1984

ADVENTURE CLUB

Adventure Club is a school-age care program that engages children in developmentally appropriate and enriching activities in an environment that supports independent choice guided by caring adults. Adventure Club has several programs offering the flexibility to meet all families' needs.

Before and After School Care

Available in all Parkway and Rockwood elementary schools, the Before and After School program is designed to provide children in grades K-5 with a safe, well-supervised and fun environment. The before school program begins at 6 a.m. in Parkway and 6:30 a.m. in Rockwood and runs until the start of school. The after school program runs from the end of the school day until 6 p.m. in both districts. The schedule includes a variety of indoor and outdoor activities, snack and homework help. Students enrolled in the Before and After School Care program also have the option to sign up for Holiday Adventure Club (additional fees apply).

Early Dismissal Care

Rockwood Schools Only

Adventure Club provides care for families on days when the Rockwood School District schedules early dismissal from school.

2017-2018 Early Dismissal Dates

Ballwin, Ellisville, Kehrs Mill, Westridge, Wild Horse and Woerther

Sept. 12, Oct. 10, Nov. 7, Dec. 5, Dec. 21, Jan. 12, Feb. 16, April 10, May 8, May 24

Babler, Blevins, Chesterfield, Eureka, Fairway, Geggie, Green Pines, Pond and Ridge Meadows

Sept. 13, Oct. 11, Nov. 8, Dec. 6, Dec. 21, Jan. 12, Feb. 16, April 11, May 9, May 24

Bowles, Kellison, Stanton & Uthoff Valley

Sept. 14, Oct. 12, Nov. 9, Dec. 7, Dec. 21, Jan. 12, Feb. 16, April 12, May 10, May 24

For schedules, fees and to register online, visit www.prcommunityed.org or call 636-891-6675 for more information.



Adventure Club



JOB OPPORTUNITIES

Adventure Club has multiple job opportunities available at most locations. Visit www.prcommunityed.org, call us at 636-891-6673 or email us at ACjobs@prcommunityed.org for more information and to apply today.

Late Start Care

Parkway Schools Only

Adventure Club provides care for families on days when the Parkway School District schedules late start mornings. Late Start Care is offered from 6 a.m. to the start of school.

2017-2018 Late Start Dates

September 6, October 4, November 1, December 6, January 10, February 7, March 7, April 4

“

“My son loves Adventure Club! He is always coming home with projects and fun stories to tell. It makes my husband and I very happy to know that he is in safe hands and enjoys being there.”

- Pierremont Elementary
Adventure Club Parent

”



Unleash Your Imagination

E-HOUR

For Current Parkway & Rockwood Elementary Students

Unleash your imagination while having a great time in E-Hour, our before/after school enrichment program. Learn a new hobby or skill without making a long-term commitment. Fun and educational programs include:

- Chess
- Crazy Chemworks
- Early Engineers
- Golf
- Hip Hop Dance
- Little Vet School
- Magic
- Petite Artists
- Robo World
- Spanish Immersion
- STAGES Stars
- Soccer
- Tumbling
- And More!

E-Hour classes meet one day per week for six weeks during the following sessions:

- Session 1: Starts in Sept.
- Session 2: Starts in Oct.
- Session 3: Starts in Jan.
- Session 4: Starts in March

Visit our website beginning August 1 for a list of classes at your child's school and to register.



E-Hour programs are offered at every elementary school in Parkway and Rockwood.



DADDY-DAUGHTER EVENT

Luau

Aloha! Bring your Hawaii shirts, hula skirts and we'll provide the leis! We're having a luau to celebrate Daddies and daughters the tropical way! Join us for an evening of music, dancing and games. Each pair will receive a photo to take home.



Any Father and Daughter (Grades K-5)*
Friday, November 3 | 6:30-8:30 p.m.
Selvidge Middle

Advance (online): \$10 per person
At the door: \$25 per pair; \$15 for each additional daughter

* Dad can't make it? Any father figure is welcome (grandpa, uncle, etc.)



Make sure to mark Nov. 3 on your calendar for a special evening of fun for daddies and daughters.

To register online, visit www.prcommunityed.org or call 636-891-6644 for more information.





Driver Ed and Tutor Programs

DRIVER EDUCATION



Our Evening Driver Education Program is offered at Lafayette High and Rockwood Summit High.

Evening Driver Education Program New Driver Ed vehicles recently purchased!

Forget the stress of teaching your teen to drive and leave it to the pros. Students will get prepared for the responsibilities of driving through classroom instruction and six hours of drive time. Students will receive a certificate for successful completion of this non-credit course.

Age 15 by September 5
Tuesdays & Thursdays
Starts September 5* | 12 sessions | 6-8 p.m.
Lafayette High | \$385

** Includes meeting for parents at first class.*

Age 15 by October 4
Wednesdays & Thursdays
Starts October 4 | 12 sessions | 6:30-8:30 p.m.
Rockwood Summit High | \$385

Drive time and in car observation is based on availability of the student and instructor.

Drive Time Only

Are you registered in the school year driver education program and looking for behind the wheel instruction and in-car observation? This program provides instructional drive time taught by certified Driver Education teachers. Schedules are flexible and based on the availability of the student and instructor.

\$49.50 per hour

TUTORCONNECTION



TutorConnection

TutorConnection connects certified Parkway and Rockwood teachers and professionals with parents who are looking for private, fee-based tutoring for their children at a Parkway or Rockwood location. The focus is to improve students' knowledge and performance in all subject areas taught through the school curriculum.

Registration: Registration for both districts will open online September 6. View a list of tutors available in both districts by school location, select a tutor who meets your availability, choose a package of tutoring minutes and get started! One-on-one and small group tutoring options are available.

Fee: \$49.50 per hour, with a two hour minimum purchased required. Tutoring time can be used in any combination of fifteen minute increments.

To register online, visit
www.prcommunityed.org or call
636-891-6644 for more information.



Teach with Us!

We're always looking for individuals and organizations to join us in providing lifelong learning opportunities for our community. Visit www.prcommunityed.org for more information.



See What's Cookin' in the Kitchen

Water Kefir and Milk Kefir

Learn how to make water kefir and milk kefir. There will be lots of tasty samples! You'll go home knowing how to make each ferment, plus how to take care of your new grains. Taught by Community Ed Instructor Jane Campbell

Ages 18+ | Tuesday | September 26
6:30-8:30 p.m. | Parkway Southwest Middle
\$25 | \$12.50 Gold Card/Golden Key Card

Sweet Sourdough Baking

Enjoy the free smells in this class as we will be baking savory bread pudding, cookies, chocolate and raspberry muffins, blackberry focaccia and more! You'll need a basic understanding of a sourdough starter. Taught by Community Ed Instructor Jane Campbell.

Ages 18+ | Tuesday | October 10
6:30-8:30 p.m. | Parkway Southwest Middle
\$25 | \$12.50 Gold Card/Golden Key Card



Class was helpful for beginner to start baking. Jane was very friendly and provided with lot of basic baking stuff to get us started.

- Shilpi K.
Past Cooking Class Participant



Comfort Foods of the Season

Come celebrate all that fall has to offer as we cook together different recipes perfect for the season. Test your culinary skills and learn the basics of baking cookies, dumplings and more! Taught by Community Ed Instructor Jane Campbell
Ages 18+ | Offered Tuesday, Oct. 24 and Monday, Nov. 20
6:30-8:30 p.m. | Crestview Middle
\$25 | \$12.50 Gold Card/Golden Key Card

Fermented Vegetables

Have you always wanted to learn how to lacto-ferment? You'll learn how here! We'll make sauerkraut, brined ginger-carrots, onions and more! There will be plenty of samples. Taught by Community Ed instructor Jane Campbell.

Ages 18+ | Tuesday | November 14
6:30-8:30 p.m. | Parkway Southwest Middle
\$25 | \$12.50 Gold Card/Golden Key Card



There's always something cooking with Community Ed. We've got quite a menu of cooking classes coming up.

Getting Ready for the Holidays

Holidays are coming, we'll be baking up a storm with cookies! Cream cheese, shortbread, chocolate, fruit, coffee and more flavors will be made. Please bring a plate to take home your sample cookies. Learn tips from the pros to make your cookie platter presentation the talk of this holiday season. Taught by Community Ed Instructor Jane Campbell

Ages 18+ | Tuesday | December 5
6:30-8:30 p.m. | Parkway Southwest Middle
\$25 | \$12.50 Gold Card/Golden Key Card

COOKING INSTRUCTORS NEEDED



Want to share your passion for cooking and earn some extra money? We're hiring! Flexible times and locations.

Contact Kelly at regankelly@prcommunityed.org.



One-Day Adventures with Linda

All tours are led by Linda Koenig from Gateway Tours and meet at the Parkway Admin Building: 455 N. Woods Mill Rd., Chesterfield, MO 63017. Gold Card/Golden Key Card does not apply to trips.

Pros and 'Cons': The Big House Tour at the State Capitol

Visit a historic prison right here in Missouri. Venture "up the river" to Jefferson City to the 1836 Missouri State Prison. Step back in time and see the insides of the prison much as they were when the inmates and guards lived there. This tour requires two blocks of walking. Lunch will be a local favorite, Prison Brews. We will also take a tour of the magnificent State Capital and enjoy ice cream at Central Dairy. Come join us for this fascinating trip in our state Capital.

Ages 18+ | Thursday | September 14
8 a.m. - 5 p.m. | Check in at 7:30 a.m. | \$95

Touchstones to our Past

Get ready for a spooky time with our touchstones of the past tour where we'll see the gravesites of famous St. Louisians. Stops will include:

- Bellefontaine Cemetery
- Calvary Cemetery
- New Mount Sinai
- Lunch at GRBIC Restaurant
- Jefferson Barracks National Cemetery one of the largest military cemeteries in our nation.

Ages 18+ | Tuesday | October 24
9 a.m. - 4 p.m. | Check in at 8:30 a.m. | \$79

ABOUT THE TRIP LEADER

Linda Koenig has been a tour manager and guide for Gateway Tours of St. Louis for nearly 20 years. She leads and designs about 125 tours every year in the St. Louis Region.



Registration will be accepted via the following:

- Online at www.prcommunityed.org
- By phone at 636-891-6644
- By mail: Complete form on page 35



A Good German Day in Illinois

Explore all things German in this unique trip that takes us to Illinois!

- Tour St. Paul's UCC Church and the new Monroe Country Museum in Waterloo, IL.
- Feast on a delicious German meal at Dreamland Palace.
- Enjoy a drive through old and New Valmeyer to the quaint town of Maeystown and hear from a town historian.

Ages 18+ | Wednesday | November 8
9 a.m. - 5 p.m. | Check in at 8:30 a.m. | \$99



Enjoy some of the best holiday lights in the region during this trip that is sure to get you into the spirit of the season.

Tree-Mendous Holly Day Trip

Get into the holiday spirit on a wonderful holiday adventure including:

- Visit the magnificent Romanesque Cupples House on the St. Louis University Campus.
- Shop for plants and gifts at Walter Knoll's Wholesale Florist.
- Enjoy the wonderful annual holiday and wreath show at the Missouri Botanical Garden.
- Do a bit of holiday shopping on The Hill at DiGregario's Grocery and Missouri Baking Company on The Hill.
- Wonder in the sparkle of holiday lights of downtown St. Louis, the Anheuser-Busch Brewery and Tilles Park.

Ages 18+ | Tuesday | December 5
12:30-8:30 p.m. | Check in at 12 p.m. | \$95



Making Sense of Dollars and Finance

Retirement Income Strategies

What does retirement mean to you? That is, what is it that you want and expect in retirement? Do you plan to travel? Pursue a hobby? Volunteer your time, or start a new career or business? It's important to consider your expectations carefully, because your retirement income plan will be designed to support the retirement lifestyle that you envision. Taught by certified financial planners from Financial Legacy Associates.

Ages 18+ | Monday | September 18
6:30-8 p.m. | Parkway Central HS
\$9 | \$4.50 Gold Card/Golden Key Card

Broadening Your Knowledge of Investing

Teaches fundamental concepts of investing, developing a strategy, choosing quality investments; a great workshop for beginners or those who would like to learn more about how investments work. Brought to you by Edward Jones

Ages 18+ | Wednesday | September 20
6-7 p.m. | Crestview Middle
\$9 | \$4.50 Gold Card/Golden Key Card

Estate Planning

The potential impact of rising health care costs on retirement savings; includes an introduction of medicare coverage and costs, long-term care costs and options, and options for supplemental health care. This class is designed for those who are already retired or will be retiring within the next 5-7 years. Brought to you by Edward Jones

Ages 18+ | Monday | September 25
6-7 p.m. | Parkway Central HS
\$9 | \$4.50 Gold Card/Golden Key Card



Parkway-Rockwood Community Ed offers a wide variety of one-evening finance classes to help answer your questions and concerns. Register at www.prcommunityed.org

Planning for Long-Term Health Care

The class will discuss what's meant by the phrase "long-term care", the ongoing services and support needed by people suffering from chronic health conditions or disabilities. Skilled care, intermediate care and personal care are three levels of care that will be discussed. A good long-term care strategy will account for the different types of care you might need, and the different settings in which you may someday receive that care. Taught by certified financial planners from Financial Legacy Associates.

Ages 18+ | Monday | October 2
6:30-8 p.m. | Parkway Central HS
\$9 | \$4.50 Gold Card/Golden Key Card

What Happens after the Paycheck Stops

Designing your retirement income strategy, building your investment income foundation to manage your income in retirement and factors that may adversely affect savings. Taught by certified financial planners from Financial Legacy Associates.

Ages 18+ | Wednesday | October 18
6-7 p.m. | Crestview Middle
\$9 | \$4.50 Gold Card/Golden Key Card

Registration will be accepted via the following:

- Online at www.prcommunityed.org
- By phone at 636-891-6644
- By mail: Complete form on page 35





Finance & Foreign Language

FINANCE

Understanding Social Security

When Should You Start Receiving Retirement Benefits? Many people assume that they have to begin receiving Social Security retirement benefits as soon as they retire and stop working. But that's not the case. Retiring and claiming Social Security benefits are different. You have options, and learning about them may help you make a well-informed decision about when to start receiving your benefits. Taught by certified financial planners from Financial Legacy Associates.

Ages 18+ | Monday | October 9
6:30-8 p.m. | Parkway Central HS
\$9 | \$4.50 Gold Card/Golden Key Card

Healthcare and Your Retirement

The potential impact of rising health care costs on retirement savings; includes an introduction of medicare coverage and costs, long-term care costs and options, and options for supplemental health care. This class is designed for those who are already retired or will be retiring within the next 5-7 years. Brought to you by Edward Jones

Ages 18+ | Tuesday | November 14
6-7 p.m. | Crestview Middle
\$9 | \$4.50 Gold Card/Golden Key Card

Preparing Your Estate Plan

A basic review of estate planning including account registration, beneficiary designation, wills, trusts, tax information, life insurance and TOD (transfer on death). Brought to you by Edward Jones

Ages 18+ | Wednesday | December 6
6-7 p.m. | Crestview Middle
\$9 | \$4.50 Gold Card/Golden Key Card

Please note: dates and locations are subject to change. For the most updated information visit www.prcommunityed.org or call 636-891-6644 for more information.



LANGUAGE

Conversational French

Emphasizing the active use of the language, students will develop communicative skills in French, including listening, speaking, reading, and writing. Intended for students with no previous French experience. Come learn something new with us! Taught by Community Ed instructor Mary Beth Schwartz.

Ages 18+
Tuesdays | Starts Sept. 26 | 10 sessions
7-8:30 p.m. | Crestview Middle
\$59 | \$29.50 Gold Card/Golden Key Card

I would highly recommend this class. It was very practical especially for anyone planning to travel to France. She was very knowledgeable and helpful.

- Judy E.
Past French Class Participant

Spanish 101

Want to try a new language and don't know where to start? Come join this beginner Spanish class! Students will develop communicative skills in Spanish, including listening, speaking, reading, and writing. Intended for students with no previous Spanish experience. Taught by Community Ed instructor Dawn Morris.

Ages 18+
Wednesdays | Starts Sept. 27 | 10 sessions
6-7:30 p.m. | Crestview Middle
\$59 | \$29.50 Gold Card/Golden Key Card

Senora Morris was a very good teacher. In the setting of adult education, she was very practical and thorough. For anyone who would like to brush up on their Spanish or prepare for a trip to a Spanish speaking area, this is a great class!

- Evelyn B.
Past Spanish 101 Class Participant

Looking for a fun, part-time job that works around your schedule?

Join our
**SwimAmerica
Team!**



Top Reasons to Join Our Team

- Flexible evening and weekend hours
- Convenient locations
- Work with kids
- All training provided (you do not have to be a certified lifeguard)
- Teach a valuable life skill
- Have FUN!

We have immediate openings for swim instructors at our locations in Ellisville (Crestview Middle School) and Fenton (Rockwood Summit High School).

Visit www.prcommunityed.org or call 636-891-6644 for more information and to apply.





Close to Nature - Close to Home

Babler Outdoor Education Center

A partnership between Community Ed and the Missouri Dept. of Natural Resources at Babler State Park

WILD SCOUT ADVENTURES

Girl Scout Overnight Program

We are excited to offer our popular Girl Scout overnight program again this fall and winter! Join us for an exciting weekend of badges, s'mores and crafts at the Outdoor Education Center! Troops will work on completing two badges and will all share songs, skits and stories at the campfire! One badge will be uniquely created by the Babler OEC that will count as a make your own badge! Troops will be housed together in a heated cabin and hot meals will be provided in the Dining Hall. Gather your troop and get ready to explore Babler State Park!



Did you know you could utilize Babler State Park for Scout Experiences? Call 636-458-3048.

Brownies Overnight

Bugs and Wildlife Conservation (OEC Badge)
November 17-18 | \$55 per scout/\$25 per adult

Juniors Overnight

Animal Habitats and Weather (OEC Badge)
Dec. 2-3 | \$55 per scout/\$25 per adult

Calling all Cadettes: If your troop is interested in helping us plan, prepare and execute our Brownie or Junior overnight program, please call our office at 636-458-3048.

Scout Overnight Registration

Registration opens online Aug. 29 at 9 a.m.

Troop leaders/representatives can register online. A deposit of \$25 is due at the time of registration and reserves 1 cabin, sleeping a maximum of 20 people. If your troop requires more than 20 beds, you must make two separate reservations. A minimum of 6 scouts and 1 adult is required to make a reservation. Register early, this program sells out fast! Please contact us with questions at 636-458-3048.

Scout Badge Opportunities

The Babler Outdoor Education Center offers badge programs by appointment for Girl Scouts and Cub Scouts. Badge programs focus on outdoor education skills and activities. Programs are customizable and many can be adapted to fit your troop's needs. Appointments are scheduled on a first come, first serve basis and availability depends on the Outdoor Education Center schedule. Register online or give us a call at 636-458-3048. There is a minimum of 5 scouts to reserve a program.

Girl Scouts

Brownies | 1.5 hours | \$8 per scout
Juniors | 2 hours | \$10 per scout
Cadettes | 2 hours | \$10 per scout

Cub Scouts

Tiger | 1 hour | \$5 per scout
Wolf | 1.25 hours | \$6 per scout
Bear | 1.5 hours | \$8 per scout
Webelo | 2 hours | \$10 per scout
Belt Loop and Pin | 2 hours | \$10 per scout

WILD FAMILY FUN

GPS Trick or Treat

Back by popular demand!

Get ready for some spooky family fun! Bring the family out to Babler State Park for a trick-or-treat event unlike any other. Work together with a GPS unit to find trick-or-treat locations around the Babler OEC facility. There will be candy and prizes at each location. One GPS unit and instructions provided for each family. No previous GPS experience necessary.



All Ages | Sunday | October 22
9 a.m. - 12 p.m. or 1:30-4:30 p.m.
Babler Outdoor Education Center
\$15 per adult/child pair
\$3 per additional family member



Take Learning to the Trail



Join a Trek & Travel program to explore science and nature with students, teachers and staff. We will venture to the Ozark Mountains, Smoky Mountains, the Great Lakes and a brand-new trip for students to the Atlantic Coast.

Parent Information Meetings

Join us for an optional meeting to learn more about the trips, meet some of the trip staff and get answers to your questions. Pick the meeting date and location that fits your schedule!

Great Lakes Voyage & Atlantic Coastal Quest

Parkway Central Middle | October 4 | 6 p.m.
 Rockwood Admin Annex | October 10 | 7:30 p.m.
 Crestview Middle Theater | Oct. 18 | 7:30 p.m.

Smoky Mountains Adventure

Rockwood Admin Annex | October 10 | 6 p.m.
 Crestview Middle Theater | Oct. 18 | 6 p.m.

Trek & Travel Trip Registration

Registration for all Trek and Travel trips is on a first-come, first-serve basis at www.prcommunityed.org.

Ozark Rocks: Open Now! Register Today
 Smoky Mountains: Opens October 28
 Great Lakes Voyage: Opens October 28
 Atlantic Coastal Quest: Opens October 28

Limited fee assistance may be available to those who qualify. Contact 636-891-6644 or info@prcommunityed.org for more information.

Smoky Mountains Adventure For Current Fifth Grade Rockwood Students

Travel to the Great Smoky Mountains for an adventure-packed four days exploring the wilderness, searching for wildlife, learning about the environment & developing leadership skills.



Smoky Mountains Adventure 2018 Dates:

Trip 1 March 2-5	Babler, Ballwin, Chesterfield <i>Bus departs evening of March 1</i>
Trip 2 March 23-26	Bowles, Kellison, Stanton, Uthoff Valley <i>Bus departs evening of March 22</i>
Trip 3 April 13-16	Blevins, Eureka, Geggie <i>Bus departs evening of April 12</i>
Trip 4 April 20-23	Ellisville, Kehrs Mill, Westridge <i>Bus departs evening of April 19</i>
Trip 5 May 4-7	Ridge Meadows, Wild Horse, Woerther <i>Bus departs evening of May 3</i>
Trip 6 May 18-21	Fairway, Green Pines, Pond <i>Bus departs evening of May 17</i>

\$560 | A \$170 deposit is due at registration.

Registration opens online and in-person
October 28 at 9 a.m.



Learn more about the adventures, friendships and memories your child can make on a Trek & Travel trips at our Parent Information meetings.



Take Learning to the Trail

Ozark Rocks

A parent/child overnight trip for fourth grade families

Explore unique features that make the Ozark Mountain region a national treasure while making memories with your child that will last a lifetime. Join us as we hike through Elephant Rocks State Park, participate in a program at Johnson Shut-Ins, investigate the St. Francis River at Millstream Gardens, enjoy a campfire with s'mores followed by a night hike at Sherwood Forest Camp.

October 7-8 and October 21-22

\$325 per parent/child pair

Fee includes all supplies, equipment, activities, transportation by charter bus and meals. **Registration is now open.**



Reconnect with your 4th grader at the Ozark Rocks trip in October.

Great Lakes Voyage

For any student currently in grades 5-7

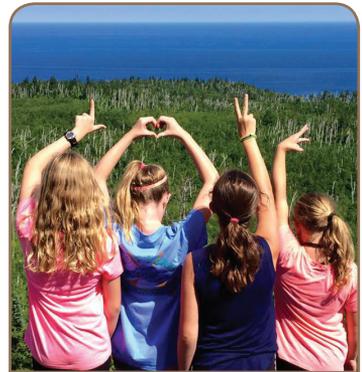
Travel to the North Shore of Lake Superior for a week of adventure and outdoor education including:

- Canoeing
- Zip line
- Hiking
- Lighthouse tour
- Rock climbing
- Voyager history
- Alpine coaster
- And more!

Grades 5-7 | July 22-28, 2018

\$675 | A \$175 deposit is due at time of registration.

Registration opens online and in-person October 28 at 9 a.m.



The Great Lakes Voyage in the summer of 2018 is open to ANY student in grades 5-7 for 2017-18.

Atlantic Coastal Quest

For any student currently in grades 8-9

Pack your bags and head to the coast on this brand-new Marine Science trip! Venture to Wallops Island for a week of discovery on the Virginia coast. We will:



- Explore a maritime forest ecosystem
- Collect critters on a research cruise
- Kayak
- Enjoy a day at the beach
- Go orienteering
- And more!

Grades 8-9 | June 24-30, 2018

\$995 | A \$170 deposit is due at time of registration.

Registration opens online and in-person October 28 at 9 a.m.



The brand-new Atlantic Coastal Quest provides an amazing Marine Science trip for students in grades 8-9.



Rockwood Swim Club

Rockwood Swim Club (RSC) is founded on the belief that competitive swimming offers an exciting, worthwhile experience in a young



person's life. With nearly 300 swimmers, RSC is continually ranked in the top 5% of swim clubs in the nation. Whether you are looking to swim for a club full time, to continue swimming after summer league, to prepare for high school competition, or to train for college scholarships, RSC provides swimming programs for athletes of all abilities. RSC is open to swimmers throughout the St. Louis region.

Qualifications: Swimmers need to be able to swim at least 300 yards and a legal 100 Individual Medley to be placed on the team.

Group Placement: All new swimmers need to attend a swimming placement session at one of the times listed below in order to be placed in an appropriate swim club group.

July 19 | 6-7 p.m. | Lafayette High
 August 21 | 7-8 p.m. | Lafayette High
 August 22 | 6-7 p.m. | Rockwood Summit High
 November 1 & 2 | 7:30 p.m. | Crestview Middle
 December 11 & 12 | 7:30 p.m. | Crestview Middle

Fees: A USA membership, administration, program enhancement and swim meet fees are in addition to the monthly club fees and are the responsibility of the swimmer.



The 50-meter outdoor pool at Crestview Middle School was recently renovated and is our training facility from April through October.

Introduction to Swim Club

Interested in seeing if the Rockwood Swim Club is right for you? Join us for this preview program and receive expert coaching, pre-season training and group placement. Attend daily or a minimum of three days per week.

Grades K-12 | Monday-Thursdays | Aug. 14-24
 6-7 p.m. | Lafayette High School | \$99

Register at www.prcommunityed.org.

High School Prep

Fine tune your skills before the high school season. You'll improve endurance, start and turns, and other aspects important to high school swimming. Practices are three days per week for 1.5 hours and begin the Tuesday after Labor Day.

Grades 9-12 | Sept. 5-Nov. 4 | \$249
 Monday | 7:15-8:45 p.m. | Eureka High
 Tuesday | 5:30-7 p.m. | Marquette High
 Saturday | 10-11:30 a.m. | Lafayette High

Register at www.prcommunityed.org.

Visit www.rockwoodswim.org or call 636-891-6644 for more information.



Recognition Award



Rockwood Swim Club is the only Silver Medal Club in St. Louis for 2017. The USA Swimming Club Excellence

Program identifies and recognizes swim clubs for their commitment to performance excellence.



Learn to Swim

INFANT SAFETY



Infant Swimming Resource (ISR)

This program goes beyond traditional swimming instruction by teaching ISR Self-Rescue® techniques to help children survive should they find themselves in the water alone. Offered in partnership with Certified ISR Instructor Christie Cloutman.

Ages 6 months – 6 years

One-on-one, private lessons are scheduled five days per week (M-F), ten minutes each day for 4-6 weeks. Interested participants must contact Christie Cloutman at 636-590-6993 prior to registration. Visit www.isrstl.com for more information about the program.

Pre-Competitive Swim Team

Perfect for the swimmer who does not have the time to commit to a competitive program but wants to learn more than lessons.

Qualifications: 50 yards freestyle, 25 yards backstroke and have an idea of how to swim breaststroke and butterfly; or be in station 8 or higher in SwimAmerica.

Ages 6-17

M&W | 7:30–8:15 p.m. | Crestview Middle

M&W | 7:30–8:15 p.m. | Rockwood Summit

T&TH | 7:30–8:15 p.m. | Crestview Middle

Session 1: Aug. 28 - Nov. 2 | \$175

Session 3: Nov. 6 - Dec. 14 | \$110

Session 4: Jan. 3 - March 8 | \$175

SWIMAMERICA



SwimAmerica allows swimmers to progress at their own pace (no waiting to move up!)

SwimAmerica is a state-of-the-art, learn to swim program for ages 6 months to adult developed by the American Swim Coaches Association. Taught in ten stations, each new student will be evaluated and placed in the station that best suits their ability.

Parent/Child Classes (ages 6 months–2 years): Designed to have parents in the pool with their child while learning through the use of songs and games.

Preschool Classes (ages 3–5): Designed to teach proper breathing, front/back float and kicking techniques.

SwimAmerica Classes (ages 4–17): Proper techniques are emphasized, with attention to correct body position, movement of arms and legs, breathing and timing of strokes.

Private Lessons (all ages): For those who prefer one-on-one instruction.

See complete schedule of all SwimAmerica classes on page 32 & 33.

To register online, visit www.prcommunityed.org or call 636-891-6644 for more information.





Learn to Swim

SWIMAMERICA SCHEDULE

All weekday classes meet one day per week on the same day each week.

Crestview Middle

Session 1: Aug. 25 - Sept. 30 (no class Sept. 1-4)

Session 2: Oct. 2 - Nov. 4 (no class Oct. 31)

Session 3: Nov. 6 - Dec. 16 (no class Nov. 20-25)

Session 4: Jan. 3 - Feb. 3

Rockwood Summit High

Session 1: Aug. 28 - Sept. 30 (no class Sept. 1-4)

Session 2: Oct. 2 - Nov. 4 (no class Oct. 4)

Session 3: Nov. 6 - Dec. 16 (no class Nov. 20-25)

Session 4: Jan. 3 - Feb. 3 (no class Jan. 10)

Ages

SwimAmerica class age ranges:

Parent/Child: Ages 2 & under

Preschool: Ages 3-5

SwimAmerica: Ages 4 & up

Private Lessons: All ages

WE'RE HIRING SWIMAMERICA INSTRUCTORS

Top reasons to become an instructor with our SwimAmerica program:

- Flexible evening and weekend hours that work around your school schedule
- Convenient locations in Ellisville and Fenton
- All training provided (you do not have to be a certified lifeguard)
- Work with kids while teaching a valuable life skill
- Have FUN!



We have immediate openings at both locations. Call 636-891-6630 or visit our website for more information.

To register online, visit www.prcommunityed.org or call 636-891-6644 for more information.



Rockwood Summit High School | Group Lessons

Day	AM Times	Class	Fee*
Saturday	9:15–9:45 a.m.	Preschool	\$52/\$65/\$78
Saturday	9:15–9:55 a.m.	SwimAmerica	\$52/\$65/\$78
Saturday	10–10:40 a.m.	SwimAmerica	\$52/\$65/\$78
Day	PM Times	Class	Fee*
Monday	6–6:30 p.m.	Preschool	\$52/\$65/\$78
Monday	6–6:40 p.m.	SwimAmerica	\$52/\$65/\$78
Monday	6:45–7:25 p.m.	SwimAmerica	\$52/\$65/\$78
Wednesday	6–6:30 p.m.	Preschool	\$52/\$65/\$78
Wednesday	6–6:40 p.m.	SwimAmerica	\$52/\$65/\$78
Wednesday	6:45–7:25 p.m.	SwimAmerica	\$52/\$65/\$78

*Prices vary based on number of lessons: 4 weeks (\$52), 5 weeks (\$65).

Rockwood Summit High School | Private Lessons

Days	AM Times	Class	Fee*
Saturday	10:45–11:10 a.m.	Private Lesson	\$84/\$105/\$126

*Prices vary based on number of lessons: 4 weeks (\$84), 5 weeks (\$105).



Learn to Swim

SWIMAMERICA SCHEDULE

Crestview Middle School Group Lessons			
Day	AM Times	Class	Fee*
Monday	9:30–10 a.m.	Preschool	\$39/\$52/\$65
Monday	10–10:30 a.m.	Preschool	\$39/\$52/\$65
Tuesday	10–10:30 a.m.	Preschool	\$52/\$78
Tuesday	10:30–11 a.m.	Preschool	\$52/\$78
Wednesday	9:30–10 a.m.	Parent/Child	\$52/\$78
Wednesday	9:30–10 a.m.	Preschool	\$52/\$78
Wednesday	10–10:30 a.m.	Preschool	\$52/\$78
Thursday	10–10:30 a.m.	Preschool	\$52/\$78
Thursday	10:30–11 a.m.	Preschool	\$52/\$78
Saturday	8:55–9:25 a.m.	Parent/Child	\$52/\$78
Saturday	8:55–9:25 a.m.	Preschool	\$52/\$78
Saturday	9:30–10:10 a.m.	SwimAmerica	\$52/\$78
Saturday	10:15–10:55 a.m.	SwimAmerica	\$52/\$78
Saturday	11–11:40 a.m.	SwimAmerica	\$52/\$78
Day	PM Times	Class	Fee*
Monday	4:30–5 p.m.	Preschool	\$39/\$52/\$65
Monday	4:30–5:10 p.m.	SwimAmerica	\$39/\$52/\$65
Monday	5:15–5:55 p.m.	SwimAmerica	\$39/\$52/\$65
Monday	6–6:40 p.m.	SwimAmerica	\$39/\$52/\$65
Monday	6:45–7:25 p.m.	SwimAmerica	\$39/\$52/\$65
Tuesday	6–6:40 p.m.	SwimAmerica	\$52/\$78
Tuesday	6:45–7:25 p.m.	SwimAmerica	\$52/\$78
Wednesday	4:30–5 p.m.	Preschool	\$52/\$78
Wednesday	4:30–5:10 p.m.	SwimAmerica	\$52/\$78
Wednesday	5:15–5:55 p.m.	SwimAmerica	\$52/\$78
Wednesday	6–6:40 p.m.	SwimAmerica	\$52/\$78
Wednesday	6:45–7:25 p.m.	SwimAmerica	\$52/\$78
Thursday	6–6:40 p.m.	SwimAmerica	\$52/\$78
Thursday	6:45–7:25 p.m.	SwimAmerica	\$52/\$78

*Prices vary based on number of lessons: 3 weeks (\$39), 4 weeks (\$52), 5 weeks (\$65), and 6 weeks (\$78).

Crestview Middle School Private Lessons			
Days	AM Times	Class	Fee*
Friday	6–6:25 p.m.	Private Lessons	\$84/\$126
Friday	6:30–6:55 p.m.	Private Lessons	\$84/\$126
Friday	7–7:25 p.m.	Private Lessons	\$84/\$126
Saturday	11:45 a.m.–12:10 p.m.	Private Lessons	\$84/\$126
Saturday	12:15–12:40 p.m.	Private Lessons	\$84/\$126

*Prices vary based on number of lessons:
4 weeks (\$84), 5 weeks (\$105).

Register at www.prcommunityed.org or
call 636-891-6644 for more information.





Get Moving in the Water

ADULT SWIMMING PROGRAMS

Adult Master/ Lap Fitness Swimming

Try our coached master swim program or do your own workout. All swimming abilities and fitness levels are welcome. Workouts will be given to help adults who still compete, former swimmers, or triathletes looking to improve.

Ages 18+

Monday–Saturday
5–6:30 a.m. | Marquette High

Monday–Friday
10:30 a.m.–12 p.m. | Crestview Middle

Daily: \$5 per visit (payable at pool)

Monthly (unlimited swims): \$80

Monthly rate begins the first of each month

Session (unlimited swims): \$160

Session runs September 1 through December 31

No pre-registration required.

Adult Beginner Swim Lessons

This class is for the true beginner age 19 and up. Taught in a small group setting, you will learn to float, kick, swim and be safe in the water. More advanced swimmers can attend the adult master swim program.

Sessions offered beginning in August
Saturdays | 8-8:40 a.m.

Fees vary by length of session

See our website at www.prcommunityed.org for session schedules.

Parkway Golden Key Card & Rockwood Gold Card



The Parkway Golden Key Card and Rockwood Gold Card are free to district residents age 60 and older

and provide discounted fees for qualifying Community Ed programs, as well as free-or-reduced admission to select show and performances. See page 45 for details.

AQUA AEROBICS



This low impact workout challenges those who want to get in shape. It incorporates low cardio, muscle toning, strengthening and balance work. Deep water and shallow water classes meet two times per week.

Mondays & Wednesdays | Crestview Middle
8:30-9:15 a.m. | Shallow Water

Tuesdays & Thursdays | Crestview Middle
8-8:45 a.m. | Shallow Water
9-9:45 a.m. | Deep Water

Fridays | Crestview Middle
8:30-9:15 a.m. | Shallow Water

Session 1: Aug. 28 - Dec. 15
2 days/week \$150 | \$75 Gold Card/Golden Key Card
1 day/week \$90 | \$45

Session 2: Jan. 4 - May 25
2 days/week \$195 | \$97.50 Gold Card/Golden Key Card
1 day/week \$90 | \$45

Register online or by mail with the form on page 35. Please call 636-891-6644 for more information.

To register online, visit
www.prcommunityed.org or call
636-891-6644 for more information.





Adult Program Registration Form

Participant 1 Information

Participant 1: _____
 Birth Date: _____ Gender: Male Female
 Email: _____
 Address: _____
 City: _____ State: _____ Zip: _____
 Phone: _____
 Rockwood Gold Card/
 Parkway Golden Key Card Holder: Yes No

Program Registration

Program Name: _____
 Location: _____
 Program Name: _____
 Location: _____

Participant 2 Information

Participant 2: _____
 Birth Date: _____ Gender: Male Female
 Email: _____
 Address: _____
 City: _____ State: _____ Zip: _____
 Phone: _____
 Rockwood Gold Card/
 Parkway Golden Key Card Holder: Yes No

Program Registration

Program Name: _____
 Location: _____
 Program Name: _____
 Location: _____

Payment Information

Total Fee: \$ _____
 Payment Method: Cash Check (make payable to Parkway-Rockwood Community Ed)
 Credit Card (MasterCard, Visa or Discover): Card Number: _____ Exp Date: _____

Mail form and payment to: Parkway-Rockwood Community Ed, 1401 Froesel Drive, Ellisville, MO 63011

Participation Waiver

In return for being accepted into a program offered by the Parkway-Rockwood Community Education Department, ("the Program"), I:

- Acknowledge that I understand the nature of the Program, and that I am qualified and in proper physical condition to participate in the Program. I further agree that if at any time I believe conditions to be unsafe with respect to my physical condition, the equipment, or facilities, I will immediately discontinue participation in the Program.
- Further acknowledge that the program involves the risk of serious bodily injury (including the possibility of permanent disability, paralysis, or death), which may be caused by (a) my own actions or inactions, (b) the actions or inactions of others participating in the Program, (c) the condition of the equipment and/or facilities at which the Program is located, or (d) the actions or inactions of the entities and persons identified below; and I fully accept and assume all such risk and all responsibility for losses, costs, and damages I may incur as a result of my participation in the Program.
- Accordingly, I hereby release the Parkway and Rockwood School Districts, together with their directors, officers, employees, volunteers, and agents from all liability, claims, demands, losses, or damages arising out of my participation in the Program; and I further agree that if, despite this release and waiver of liability agreement I, or anyone on my behalf, makes a claim released in this agreement, I will indemnify and hold harmless each entity and person released herein from any and all litigation expenses, attorney fees, loss, liability, damage, or cost they may incur as the result of such claim.
- Acknowledge that from time to time, Community Ed employee/designee may photograph or videotape myself while I am involved in a Community Education program or activity. These photographs or videotape will solely be used by Community Ed for the promotion and marketing of district programs/activities and will not be sold. I have read this agreement, fully understand its terms, and have voluntarily entered into this agreement of my own free will based only upon the terms and conditions included herein.

Participant 1 Signature: _____ Date: _____

Participant 2 Signature: _____ Date: _____



Get Empowered with Free Education

ABOUT AEL



The Missouri Adult Education and Literacy

(AEL) Program provides assistance to help Missouri adults get the basic skills they need to be productive workers, family members, and citizens. All teachers hold Missouri Adult Education certification.

CONTACT INFORMATION

**Parkway-Rockwood Community Ed
Adult Education & Literacy Office**

314-415-4940

www.prcommunityed.org

ADULT BASIC EDUCATION/HIGH SCHOOL EQUIVALENCY PREP

Our Adult Education classes help students 17 years of age or older prepare for the Missouri High School Equivalency tests (HSE/GED) tests; improve reading, writing, language and math skills; and develop college and career readiness skills.

Classes focus on:

- Basic educational skills
- Preparation for higher education
- Skills needed to enter or return to the workforce
- Skills needed to advance in the workforce

Classes are FREE and taught by certified teachers. We offer classes in the Parkway, Rockwood, Clayton, Brentwood, Pattonville, Ladue, Hazelwood and Maplewood/Richmond Heights school districts.

You do NOT need to be a resident of the school district to attend one of the classes.

VOLUNTEER OPPORTUNITIES

Teach an adult to read, write, multiply or divide. Help a foreign student converse and understand American customs. Work one-on-one or with a small group. You do not need to be a certified teacher. Training is provided. Volunteer opportunities are available in the Parkway, Rockwood, Hazelwood, Pattonville, Clayton, Brentwood and Maplewood school districts.

Call 314-415-4941 for more information.



Our Adult Education and English as a Second Language Classes.

PREPARE & STUDY ONLINE

The online classroom lets you communicate with instructors at your convenience and gives you unlimited study resources on the Internet. You can study according to your schedule, day or night. Classes are free to Missouri residents 17 years of age and older. Visit us at www.MOLearns.com or call 314-415-4936.



*We are always looking for volunteers.
Call 314-415-4941 if interested.*



Get Empowered with Free Education

ADULT BASIC EDUCATION/HIGH SCHOOL EQUIVALENCY PREP

Class Schedule and Locations

Before beginning any class you **MUST** call 314-415-4940 for orientation dates and to sign up for a class.

Visit www.prcommunityed.org or call 314-415-4940 for more information.



Day	Time	Location	Address
Brentwood			
M-Th	9 a.m.–12 p.m.	MERS-Goodwill Center	2545 S. Hanley Rd. Brentwood, 63144
Bridgeton			
M-Th	9 a.m.–12 p.m.	Faith Baptist Church	12061 Natural Bridge Rd. Bridgeton, 63044
Creve Coeur			
M-Th	1–4 p.m.	Fern Ridge High School	13157 N. Olive Spur Rd. Creve Coeur, 63141
Ellisville			
T & Th	5:30-8:30 p.m.	Crestview Middle School Rm. 110	16025 Clayton Road Ellisville, 63011
Fenton			
T & Th	6-8:30 p.m.	Rockwood Summit HS, Rm. 110	1780 Hawkins Rd. Fenton, 63026
Florissant			
M-Th	9:30 a.m.–12:30 p.m.	Trinity Mt. Carmel Baptist Church	11755 Mehl Ave. Florissant, 63033
M & W	5:30–8:30 p.m.	Christ the King United Church of Christ	11370 Old Halls Ferry Rd. Florissant, 63033
T & Th	5:30–8:30 p.m.	Hazelwood Central High School, Rm C119	15875 New Halls Ferry Rd. Florissant, 63031
Hazelwood			
M & T	5:30–8:30 p.m.	Hazelwood West High School, Rm 127	1 Wildcat Lane Hazelwood, 63042
Maplewood			
M-Th	9 a.m. - Noon	Maplewood Doors to Success (17-23 years old only)	7126 Bruno Ave Maplewood, 63143
T & Th	5:30–8:30 p.m.	Christ Church	7126 Bruno Ave. Maplewood, 63143
Maryland Heights			
T & Th	5:30–8:30 p.m.	Pattonville High School, Rm D108	2497 Creve Coeur Mill Rd. Maryland Heights, 63043
Spanish Lake			
M-Th	9 a.m. - Noon	Hazelwood Doors to Success (17-23 years old only)	12075 Bellefontaine Rd. Spanish Lake, 63138
M-Th	12:45-3 p.m.	Hazelwood Doors to Success (17-23 years old only)	12075 Bellefontaine Rd. Spanish Lake, 63138
St. Ann			
M, T, Th, F	9 a.m. - Noon	Missouri Job Center	715 Northwest Plaza Dr. St. Ann, 63074



Get Empowered with Free Education

ENGLISH AS A SECOND LANGUAGE

Come learn English in a friendly adult class. We serve international speakers of other languages, 17 years of age and older. We provide comprehensive classes focusing on developing the student's ability to speak, read, write, and understand English. **All classes are FREE.**

Classes will help you...

- Learn to speak, read, and write in English
- Learn about and participate in American customs
- Learn what it takes to become a citizen



English as a Second Language Classes are for anyone 17 years or older.

Class Schedule and Locations

Fall classes begin the week of August 28. **Before beginning any class, you MUST attend a multiple day orientation. Call 314-415-4940 for orientation dates and times.**

Day	Time	Location	Address
Bridgeton			
M–Th	9 a.m.–12 p.m.	Faith Baptist Church	12061 Natural Bridge Rd. Bridgeton, 63044
Chesterfield			
M, W, Th	9 a.m. - 12 p.m.	Wild Horse Elementary	16695 Wild Horse Creek Chesterfield, 63005
Clayton			
M–W	6-9 p.m.	Clayton High School, Rm 2	1 Mark Twain Circle Clayton, 63105
Creve Coeur			
M–Th	9 a.m.–12 p.m.	Fern Ridge High School	13157 N. Olive Spur Rd. Creve Coeur, 63141
M–Th	1-4 p.m.	Fern Ridge High School	13157 N. Olive Spur Rd. Creve Coeur, 63141
M–W	6-9 p.m.	Fern Ridge High School	13157 N. Olive Spur Rd. Creve Coeur, 63141
Ellisville			
M–Th	9 a.m. - 12 p.m.	St. John Cornerstone Center	15800 Manchester Rd. Ellisville, 63011
T&Th	6-9 p.m.	St. John Cornerstone Center	15800 Manchester Rd. Ellisville, 63011
Manchester			
M–Th	9 a.m.–12 p.m.	Manchester United Methodist Church	129 Woods Mill Rd. Manchester, 63011
M–Th	12:30-3:30 p.m.	Manchester United Methodist Church	129 Woods Mill Rd. Manchester, 63011
Maplewood			
M–Th	1-4 p.m.	TBD	



Get Empowered with Adult Education

ADDITIONAL CLASSES

Before beginning any class, you **MUST** attend a multiple day orientation. Call 314-415-4940 for orientation dates and times.

TOEFL Preparation

ESL students prepare for the TOEFL (Test of English as a Foreign Language) exam which is necessary to be admitted to American universities.

Thursdays | Call for times.

Fern Ridge High School

13157 N. Olive Spur Rd.
Creve Coeur, 63141

Independent Study/Citizenship

Students learn to become contributing members of American society, participate in group conversation, and enhance their English language skills. Naturalization and driver's license test prep are also offered.

Fern Ridge High School

13157 N. Olive Spur Rd., Creve Coeur, 63141
Monday–Thursday | 4-5:30 p.m.

St. John, Cornerstone Center

15800 Manchester Rd., Ellisville, 63011
Friday | 9-11:30 a.m.

ONLINE CONTINUING EDUCATION



Online classes at your own pace, on your schedule. Taught by professionals in their industry and college professors. Call 636-891-6644 for more information. *Gold Card/Golden Key Card does not apply.*

Mastering Microsoft Excel

A must-have skill to succeed in business, whether an entrepreneur or a valued employee, is the ability to create, edit and manage spreadsheets.

- Stay current as the features of Excel change over time.
- Examine the life of an Excel worksheet and workbook, from creation to presentation.
- Learn how an Excel worksheet is constructed, populated with content, and edited for delivery.
- Master the options that can take your Excel worksheet from plain, drab numbers to exciting and engaging multimedia.

September 5-29 | \$195

Spanish for Medical Professionals

Are you frustrated by the communication gap that can occur between you and your Spanish-speaking patients? You will:

- Practice the basic, practical language skills needed to effectively communicate with your Spanish-speaking patients and their families.
- Learn the basics of the language
- Gain an understanding of the culture
- Know how to ask the questions crucial to quality healthcare.

September 5-October 27 | \$290

Facebook for Business

Find out what goes on behind the scenes on Facebook pages and how to increase the chances that your message is seen and acted on.

- Discover new tools and proven techniques to increase business and expand your reach.
- Discuss how to adapt your marketing message for the Facebook platform and how to integrate Facebook across all marketing areas.

October 2-27 | \$245



Parkway Early Childhood Education

PARENTS AS TEACHERS

Birth to Five Years

Give your child the best possible start in life by participating in the Parents as Teachers Program!

- Degreed and certified parent educator
- Personal visits with parent educator
- Parent workshops on a variety of topics
- Family activity sessions to enjoy with your child
- Screenings to check your child's development

Free to Parkway Residents. Call 314-415-6973.

PARENT-CHILD INTERACTION PROGRAM

Give your child the gift of music, art, movement and more with these affordable classes. Your little one will bring a lucky grown-up to enjoy classes together. Topics include yoga, healthy eating, science, math and other high-interest, fun subjects.

PCIP is open to Parkway residents and nonresidents, with classes running morning, afternoon and evening. Child care for siblings is available on a limited basis. Check out our website at www.parkwayschools.net or call 314-415-6955 for more information.

KIDS MORNING OUT PROGRAM

This is a fun and affordable preschool experience for children who will turn three between August 1, 2017 and July 31, 2018. Parents drop off their children for this two-hour program that blends developmentally appropriate curriculum with opportunities for social growth. Classes are taught by a certified teacher and teacher assistant.

Call 314-415-6955 for more information.

PRESCHOOL PROGRAMS

Preschool is a tuition-based program for children 3–5 years of age. Certified teachers implement a developmentally appropriate rich curriculum. Children may attend two, three, four, or five half days or five full days per week. The preschools are conveniently located in Parkway School District buildings.

Barretts, half days
Carman Trails, half days
Central High School, half days
Early Childhood Center, full & half days
Instructional Services Center, half days
North High School, full & half days
Oak Brook, half days
Wren Hollow, full & half days

Registration is ongoing for the 2017–2018 school year, with vacancies available at several locations. Registration is taken in person, daily at the Early Childhood Center, 14605 Clayton Rd., from 8 a.m.–4 p.m. Call 314-415-6970 for more information.

PLAY-BASE SCREENINGS

For Parkway Residents Only - Free

A child-friendly approach to screening for children 3–5 years of age. A good opportunity for parents to learn about their child's development. Children play in small groups. Hearing and vision are also screened. Call 314-415-6969 for more information.

EARLY CHILDHOOD SPECIAL EDUCATION CLASSES

Classes and therapy are available for 3–5 year olds who qualify for special education services. Offered by St. Louis County Special School District in various locations throughout the Parkway School District. *Free to Parkway Residents.* Call 314-415-4977.

Visit www.parkwayschools.net or call 314-415-6955 for more information.





Rockwood Early Childhood Education

ROCKWOOD EARLY CHILDHOOD EDUCATION



Rockwood Early Childhood Education



www.rsdmo.org/earlychildhood

PARENTS AS TEACHERS (PAT)

Ages Pre-natal to Kindergarten entry
Free for Rockwood residents. PAT supports a parent's role in promoting school readiness and healthy development of children. We embrace learning experiences that are relevant and customized for the individual needs of each family and child. Information is shared about how parent-child interaction and play can promote development in the young child. Periodic home visits allow parents to discuss topics of interest and concern. Group Connection meetings are led by a Parent Educator and provide opportunities to meet with other parents. Register online or call 636-891-6202 for more information.

SCREENINGS

Ages Three Months–3 Years
The 30 minute screening includes a vision and hearing assessment as well as a review of your child's overall health. **Free for Rockwood residents.** Call 636-891-6200 for more information.

Ages 3 and 4 (Pre-Kindergarten)
The screening assesses 3 major areas: motor, concepts, and language. The process takes approximately an hour to an hour and a half. The screening includes a vision/hearing assessment as well as a personal conference to review the results. **Free for Rockwood residents.** Call 636-891-6200 for more information.

PRESCHOOL

Ages 2–5

Mini Preschool

Clarkson Valley and Vandover Campuses
These classes provide children who are 30–36 months a classroom experience. Short sessions focus on social development and interactive play. There are many classes to choose from to suit your child's interest. Please visit www.rsdmo.org/earlychildhood for online registration.

Half-Day Preschool

This nine month program provides a variety of options to parents looking for a three hour preschool. All teachers are certified by the State of Missouri. Children must be 3 years of age by July 31. Call 636-891-6200 for a tour!

Full-Day Preschool

The Full-Day preschool combines preschool and childcare for families needing full day services. School year teachers are certified by the state of Missouri. The program is available for children who are 3-5 years of age by July 31. Call 636-891-6690 for a tour!.

Rockwood offers several preschool locations throughout the district.

Ballwin Elementary
Blevins Elementary
Bowles Elementary
Early Childhood Center at Clarkson Valley
Early Childhood Center at Vandover
Eureka Elementary
Eureka High
Fairway Elementary
Lafayette High
Marquette High
Rockwood Summit High

Visit www.rsdmo.org/earlychildhood for schedules, fees, forms, class descriptions and more!





PARKWAY SCHOOLS

- High Schools ● Elementary Schools
- ⬠ Middle Schools ○ School Services

SCHOOL LOCATIONS

High Schools

- 1 Central High
369 N. Woods Mill Road
Chesterfield, MO 63017
- 2 Fern Ridge High
13157 N. Olive Spur Rd.
Creve Coeur, MO 63141
- 3 North High
12860 Fee Fee Road
St. Louis, MO 63146
- 4 South High
801 Hanna Road
Manchester, MO 63021
- 5 West High
14653 Clayton Road
Ballwin, MO 63011

Middle Schools

- 1 Central Middle
471 N. Woods Mill Road
Chesterfield, MO 63017
- 2 Northeast Middle
181 Coeur DeVille Drive
Creve Coeur, MO 63141
- 3 South Middle
760 Woods Mill Road
St. Louis, MO 63011
- 4 Southwest Middle
701 Wren Avenue
Ballwin, MO 63021
- 5 West Middle
2312 Baxter Road
Chesterfield, MO 63017

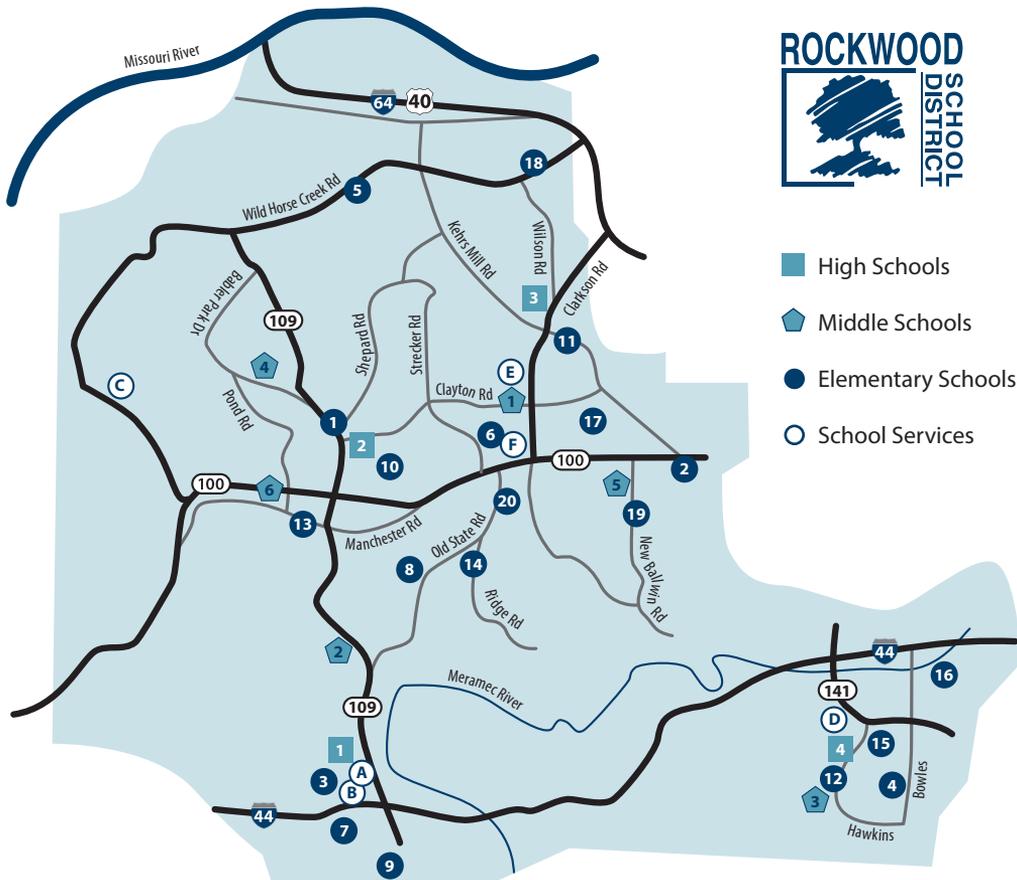
Elementary Schools

- | | | |
|---|---|--|
| <ol style="list-style-type: none"> 1 Barretts
1780 Carman Road
Manchester, MO 63021 2 Bellerive
620 Rue de Fleur
Creve Coeur, MO 63141 3 Carman Trails
555 Weidman Road S.
Manchester, MO 63021 4 Claymont
405 Country Club Drive
Ballwin, MO 63011 5 Craig
1492 Craig Road
St. Louis, MO 63146 6 Green Trails
170 Portico Drive
Chesterfield, MO 63017 | <ol style="list-style-type: none"> 7 Hanna Woods
720 Hanna Road
Ballwin, MO 63021 8 Henry
700 Henry Avenue
Ballwin, MO 63011 9 Highcroft Ridge
15380 Highcroft Drive
Chesterfield, MO 63017 10 Mason Ridge
715 S. Mason Road
Town & Country, MO
63141 11 McKelvey
1751 McKelvey Road
Maryland Heights, MO
63043 12 Oak Brook
510 Big Bend
Ballwin, MO 63021 | <ol style="list-style-type: none"> 13 Pierremont
1215 Dauphine Ln
Manchester, MO 63011 14 River Bend
224 River Valley Drive
Chesterfield, MO 63017 15 Ross
1150 Ross Road
St. Louis, MO 63146 16 Shenandoah Valley
15399 Appalachian Trail
Chesterfield, MO 63017 17 Sorrento Springs
390 Tumulty Drive
Ballwin, MO 63021 18 Wren Hollow
655 Wren Avenue
Ballwin, MO 63021 |
|---|---|--|

School Services

- A Administration Building
455 N. Woods Mill Road
Chesterfield, MO 63017
- B Early Childhood
14605 Clayton Road
Ballwin, MO 63011
- C Instructional
Services Center
12568 Fee Fee Road
St. Louis, MO 63146





- High Schools
- ▣ Middle Schools
- Elementary Schools
- School Services

SCHOOL LOCATIONS

High Schools

- 1** Eureka
4525 Highway 109
Eureka, MO 63025
- 2** Lafayette
17050 Clayton Rd
Wildwood, MO 63011
- 3** Marquette
2351 Clarkson Rd
Chesterfield, MO 63017
- 4** Rockwood Summit
1780 Hawkins Rd
Fenton, MO 63026

Middle Schools

- 1** Crestview
16025 Clayton Rd
Ellisville, MO 63011
- 2** LaSalle Springs
3300 Highway 109
Wildwood, MO 63038
- 3** Rockwood South
1628 Hawkins Rd
Fenton, MO 63026
- 4** Rockwood Valley
1220 Babler Park Dr
Glencoe, MO 63038
- 5** Selvidge
235 New Ballwin Rd
Ballwin, MO 63021
- 6** Wildwood
17401 Manchester Rd
Wildwood, MO 63038

Elementary Schools

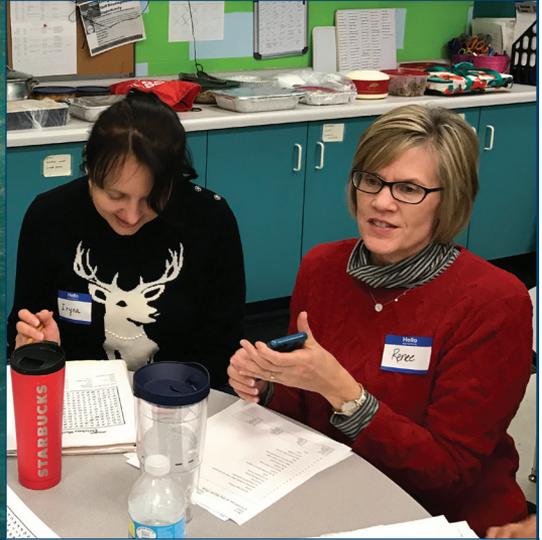
- 1** Babler
1955 Shepard Rd
Glencoe, MO 63038
- 2** Ballwin
400 Jefferson
Ballwin, MO 63021
- 3** Blevins
25 E North St
Eureka, MO 63025
- 4** Bowles
501 Bowles Ave
Fenton, MO 63026
- 5** Chesterfield
17700 Wild Horse Creek
Chesterfield, MO 63005
- 6** Ellisville
1425 Froesel
Ellisville, MO 63011
- 7** Eureka
442 West Fourth St
Eureka, MO 63025
- 8** Fairway
480 Old Fairway Dr
Wildwood, MO 63040
- 9** Geggie
430 Bald Hill Rd
Eureka, MO 63025
- 10** Green Pines
16543 Green Pines Dr
Ellisville, MO 63011
- 11** Kehrs Mill
2650 Kehrs Mill Rd
Chesterfield, MO 63017
- 12** Kellison
1626 Hawkins Rd
Fenton, MO 63026
- 13** Pond
17200 Manchester Rd
Grover, MO 63040
- 14** Ridge Meadows
777 Ridge Rd
Ellisville, MO 63021
- 15** Stanton
1430 Flora Del Dr
Fenton, MO 63026
- 16** Uthoff Valley
1600 Uthoff Dr
Fenton, MO 63026
- 17** Westridge
908 Crestland Dr
Ballwin, MO 63011
- 18** Wild Horse
16695 Wild Horse Creek
Chesterfield, MO 63005
- 19** Woerther
314 New Ballwin Rd
Ballwin, MO 63021
- 20** Center for Creative Learning
265 Old State Rd
Ellisville, MO 63021

School Services

- A** Administrative Center
111 East North Street
Eureka, MO 63025
- B** Administrative Annex
500 North Central
Eureka, MO 63025
- C** Babler Outdoor Education Center
200 Lake Road
Wildwood, MO 63005
- D** Early Childhood-Vandover Campus
1900 Hawkins Rd
Fenton, MO 63026
- E** Early Childhood-Clarkson Valley
2730 Valley Rd
Chesterfield, MO 63005
- F** Community Ed
1425 Froesel
Ellisville, MO 63011

Join the Community Ed Team

Share your talents and skills and connect with your community. We have employment and volunteer opportunities for every interest.



Reasons to join our team:

- Flexible Hours & Locations
- Design Your Own Program
- Earn Extra Income
- Help enrich lives of others
- Share your skills and passions
- Have Fun While You Work

“

I love teaching Community Ed programs. It provides a great chance for me to teach, share my passion and connect with the community. I also have a lot of freedom in designing the courses I want to teach and where and how often I want to teach them.

- Terry N.

”

EMPLOYMENT & VOLUNTEER OPPORTUNITIES

Adult Education & Literacy | 314-415-4940

Literacy volunteers needed to help teach an adult to read, write, or multiply and divide. Help a foreign student understand American customs. No experience necessary.

Adventure Club | 636-891-6673

Several paid positions available in an outstanding before/after school care program.

Babler Outdoor Education Center | 636-891-6644

Seasonal aide positions help provide back-up training and support. Part time positions to assist with cleaning and facility maintenance. Counselors needed for summer camp and programs. Instructors and nurses needed for 6th grade camp and trip program. Paid positions.

Enrichment | 636-891-6644

Create your own curriculum and course for youth, family or adults. Paid positions.

Visual & Performing Arts | 636-891-6141

Theater managers and technicians needed to assist with performances throughout the district. We're always looking for art and music teachers - create your own class! Paid positions.

SwimAmerica | 636-891-6644

Swim instructors needed to teach in the water, learn to swim instructional program for all ages. Must be able to swim. Paid positions.

Rockwood Swim Club | 636-891-6644

Swim coaches needed for nationally recognized swim club. Previous swimming and coaching experience preferred. Paid positions.

Youth & Adult Sports | 636-891-6644

Volunteer coaches needed for a variety of sports programs throughout the year. Program instructors, officials, scorekeepers, supervisors are also needed for youth sports leagues. Paid positions.

Visit www.prcommunityed.org to apply today or call 636-891-6644 for more information.



Registration Information

ONLINE REGISTRATION

Online Registration is Quick & Easy!

Online registration continues to be the most convenient way to register. Visit us at www.prcommunityed.org.

CONNECT WITH US!

Keeping up-to-date is just a like, follow or click away!



www.prcommunityed.org



@Parkway-Rockwood Community Ed



@PRComEdDirector



@PRComEd



@Parkway-Rockwood Community Ed



Sign up for our e-news via our website

Parkway Golden Key Card & Rockwood Gold Card



The Parkway Golden Key Card and Rockwood Gold Card are free to district residents

age 60 and older and provide unlimited 50% discounts to qualifying Community Ed classes/programs as well as free-or-reduced admission to select shows and performances. Online registration is available at the discounted price at www.prcommunityed.org. Obtain a Parkway Golden Key Card/Rockwood Gold Card by completing a brief request form online at www.prcommunityed.org or call 636-891-6644 for more information.

Registration

Available online at www.prcommunityed.org. Registration may also be made by mail. Programs are filled on a first-come, first-serve basis. An adult registration form is available on page 35.

Fees and Cancellation Policy

Most Community Ed programs are fee-based programs, as we are self-supporting. Unless otherwise noted, all necessary materials and supplies are included in the registration fee. When possible, online registration is encouraged. If registering by mail, include fees with the registration form. Checks should be made payable to Parkway-Rockwood Community Ed. Returned payments will be handled in accordance with Rockwood School District finance procedures and applicable fees may apply.

Cancellation of classes/programs will be at the discretion of Community Ed. If a class/program is cancelled due to low enrollment, participants will be notified and receive a full refund. Customer-initiated cancellations made at least three business days prior to start of class or program may qualify for a refund minus a 5% processing fee. Customer-initiated cancellations made two or less business days prior to start of class/program or prior to second meeting of class/program with multiple meeting dates may qualify for a 50% refund. No refunds will be made following the second meeting of class/program. Adventure Club, Trek and Travel and Early Childhood programs may have separate cancellation policies. Visit our website for a list of payment and cancellation policies.

Nondiscrimination Policy

The Parkway and Rockwood School Districts have defined policies prohibiting discrimination against participants in programs and activities. To view the complete nondiscrimination policy of each district, visit www.parkwayschools.net (Parkway) or www.rsdmo.org (Rockwood).

Individuals with disabilities who require accommodations should call 636-891-6644. Reasonable accommodations will be made if they do not fundamentally alter the nature of the program.

Fall At-A-Glance

PROGRAM NAME	AGE/GRADES	DATES	AREA	PAGE
ADULT EDUCATION & LITERACY				
Basic Education	Ages 17+	Various	Various	36-37
High School Equivalency Prep	Ages 17+	Various	Various	36-37
English as a Second Language	Ages 17+	Various	Various	38
TOEFL Preparation, Citizenship	Ages 17+	Various	Various	39
Online Continuing Education	Ages 17+	Various	Online	39
ADVENTURE CLUB				
	Gr. K-5	Various	Various	19
AQUATICS				
Adult Beginner Swim Lessons	Ages 18+	Various	Various	34
Aqua Aerobics	Ages 18+	Starts Sept. 6, Jan. 4	Ellisville	34
High School Prep	Gr. 9-12	Starts Sept. 6	Wildwood	30
Infant Swimming Resource	Ages 6 mth+	Various	Various	31
Introduction to Swim Club	Gr. K-12	Starts Aug. 14	Chesterfield, Wildwood	30
Master/Lap Fitness Swimming	Ages 18+	Ongoing	Chesterfield, Ellisville	34
Rockwood Swim Club Placements	Ages 5+	Various	Various	30
Pre-Competitive Swim Team	Ages 6-7	Starts Sept. 6, Nov. 1, Jan. 4	Various	31
SwimAmerica	Ages 6 mth+	Various	Various	31-33
ART				
Beginning Calligraphy	Ages 18+	Starts Sept. 21	Creve Coeur	17
Kids Night Out Art Class	Ages 5-11	Dec. 16	Ballwin	17
Parent-Child Artr	Age 8+ w/parent	Starts Oct. 11	Ballwin	17
Watercolor Basics	Ages 18+	Starts Oct. 3	Ellisville	17
BABLER OUTDOOR EDUCATION				
Girl Scout Overnight Program	Gr. 2-3	Nov. 17-18	Wildwood	27
Girl Scout Overnight Program	Gr. 2-3	Dec. 2-3	Wildwood	27
GPS Trick or Treat	All Ages	Oct. 22	Wildwood	27
Scout Badge Opportunities	Gr. 2-8	Various	Wildwood	27
BADMINTON				
	Gr. 3-8	Starts Sept. 11 and Nov. 6	Chesterfield	6
BATON				
	Gr. K-5	Starts Weeks of Aug. 30 & Oct. 16	Ellisville	6
BASKETBALL				
Boys & Girls League	Gr. 3-8	Starts Oct. 30	Various	4
High School League	Gr. 9-12	Starts Jan. 13	Various	4
Mighty Mites	Gr. K-2	Starts Oct. 28	Ballwin	4
Pre-Season Clinics	Gr. 3-8	Starts Sept. 21 and Sept. 30	Ballwin	4
CHEERLEADING				
	Gr. K-5	Starts Sept. 5	Ellisville	6
COOKING				
Comfort Foods of the Season	Ages 18+	Oct. 24 and Nov. 20	Ellisville	22
Getting Ready for the Holidays	Ages 18+	December 5	Ballwin	22
Fermented Vegetables	Ages 18+	November 14	Ballwin	22
Sweet Sourdough Baking	Ages 18+	October 11	Ballwin	22
Water Kefir and Milk Kefir	Ages 18+	September 26	Ballwin	22
DADDY/DAUGHTER LUAU				
	Gr. K-5	November 3	Ballwin	20
DAY TRIPS				
A Good German Day in Illinois	Ages 18+	November 8	Trip	23
Pros and 'Cons' Big House Tour	Ages 18+	September 14	Trip	23
Touchstones to our Past	Ages 18+	October 24	Trip	23
Tree-Mendous Holly Day Trip	Ages 18+	December 5	Trip	23
DANCE				
Ballet, Tap and Jazz	Ages 3-6	Starts Sept. 19	Chesterfield	16
Ballrom, Latin & Little Bit of Swing	Ages 18+	Starts Sept. 18	Ballwin	16
Beginning Country Line Dancing	Ages 18+	Starts Sept. 18	Ballwin	16
Intermediate Country Line Dancing	Ages 18+	Starts Sept. 20	Ballwin	16
Hip Hop Dance	Ages 6-11	Starts Sept. 20	Chesterfield	16
DRIVER EDUCATION				
Evening Driver Education	Age 15+	Starts Sept. 6	Wildwood	21
Evening Driver Education	Age 15+	Starts Oct. 4	Fenton	21
Drive Time Only	Age 15+	Various	Various	21
EARLY CHILDHOOD EDUCATION				
Parkway Early Childhood	Ages Birth-5	Various	Various	40
Rockwood Early Childhood	Ages Birth-5	Various	Various	41
E-HOUR				
	Gr. K-5	Various	Various	20
FENCING				
Junior Fencing Program	Ages 10-14	Starts Sept. 11	Ellisville	6
Junior Fencing Program	Ages 10-14	Starts Sept. 14	Manchester	6
FINANCE				
	Ages 18+	Various	Ellisville, Ballwin	24-25

All residents of the Parkway and Rockwood School Districts and beyond are welcome to participate in all Community Ed programs at any location (unless indicated). Register at www.prcommunityed.org.

PROGRAM NAME	AGE/GRADES	DATES	AREA	PAGE
FITNESS				
Ballet Barre Sculpting	Ages 18+	Starts Sept. 13	Ballwin	12
Boot Camp	Ages 18+	Starts Sept. 11	Ballwin	12
Core Strengthening	Ages 18+	Starts Sept. 12 and Sept. 14	Ballwin	12
Stretching & Flexibility	Ages 18+	Starts Sept. 12 and Sept. 14	Various	12
FOREIGN LANGUAGE				
Conversational French	Ages 18+	Starts Sept. 26	Ellisville	25
Spanish 101	Ages 18+	Starts Sept. 27	Ellisville	25
GYMNASTICS				
Preschool Gymnastics	Ages 3-6	Starts Week of Sept. 4	Various	6
Ninja Obstacle and Gymnastics	Ages 7-10	Starts Week of Sept. 4	Various	6
KARATE				
Tiny Tigers	Ages 4-6	Starts Sept. 18	Creve Coeur	7
Tiny Tigers	Ages 4-6	Starts Sept. 19	Ballwin	7
Kids Karate	Ages 7-13	Starts Sept. 18	Creve Coeur	7
Kids Karate	Ages 7-13	Starts Sept. 19	Ballwin	7
Adult Karate	Ages 14+	Starts Sept. 18	Creve Coeur	7
Adult Karate	Ages 14+	Starts Sept. 19	Ballwin	7
LACROSSE				
	Gr. 1-6	Starts Sept. 30	Ellisville	7
MEDITATION				
	Ages 18+	Starts Oct. 12 and Oct. 18	Chesterfield	13
MUSIC				
Intermediate Honor Orchestra	Gr. 4-8	Starts Sept. 9	Ellisville	15
Family Guitar	Age 8+ w/parent	Starts Sept. 12	Ballwin	15
PHOTOGRAPHY				
	Ages 18+			17
SOCCER				
Developmental Soccer Program	Gr. K-5	Starts Sept. 9	Ballwin	8
Indoor Soccer/Futsal League	Gr. K-5	Starts Nov. 2 and Jan. 7	Various	8
Indoor Soccer Training Clinics	Gr. K-5			8
Soccer Shrimps	Ages 3-5	Starts Sept. 9	Wildwood	8
SPORTS SAMPLER PROGRAM				
	Gr. K-5	Starts Aug. 30	Wildwood	7
TAI CHI				
Advanced Tai Chi	Ages 18+	Starts Sept. 18	Ballwin	13
Beginning Tai Chi	Ages 18+	Starts Sept. 18 and 21	Ballwin	13
Continuing Tai Chi	Ages 18+	Starts Sept. 18 and 21	Various	13
TENNIS				
Adult Tennis Clinics	Ages 18+	Starts Sept. 10	Manchester	5
Adult Tennis Clinics	Ages 18+	Starts Sept. 10	Wildwood	5
Junior Tennis Clinics	Ages 5-18	Starts Sept. 9	Ballwin	5
Junior Tennis Clinics	Ages 5-18	Starts Sept. 9	Wildwood	5
TREK AND TRAVEL TRIPS				
Atlantic Coastal Quest	Gr. 8-9	June 24-30	Trip	29
Great Lakes Voyage	Gr. 5-7	July 22-28	Trip	29
Ozark Rocks	Gr. 4	Oct. 7-8 or Oct. 21-22	Trip	29
Smoky Mountain Adventure	Gr. 5	Spring 2017	Trip	28
TUTOR CONNECTION				
	Gr. K-12	Various	Various	21
VOLLEYBALL				
Co-Ed Open Play	Ages 18+	Starts Sept. 6	Creve Coeur	5
Co-Ed Recreational League	Ages 18+	Starts Sept. 8	Ballwin	5
Girls League	Gr. 3-8	Starts Aug. 22	Various	5
Rockwood Thunder Volleyball Club	Ages 5+	Various	Various	10-11
VOICEOVERS				
	Ages 18+	November 2	Chesterfield	17
WINTER SPORTS				
Learn to Ski	Ages 8+	Starts Week of Jan. 8	Wildwood	7
Learn to Snowboard	Ages 8+	Starts Week of Jan. 8	Wildwood	7
YOGA				
Beginning Yoga	Ages 18+	Starts Sept. 14	Chesterfield	14
Continuing Yoga	Ages 18+	Starts Sept. 18 and Nov. 6	Chesterfield	14
Vinyasa Yoga	Ages 18+	Starts Sept. 19	Ballwin	14
Yin Yoga	Ages 18+	Starts Sept. 19	Ballwin	14
Yoga for Young Athletes	Ages 18+	Starts Sept. 14 and Nov. 2	Chesterfield	14
Yoga for Families	All Ages	Starts Sept. 18	Chesterfield	14
ZUMBA				
Advanced Zumba	Ages 18+	Starts Sept. 11	Ballwin	12
Zumba	Ages 18+	Starts Sept. 12 and 14	Various	12

We're painting a picture of fall fun for YOU!



Parkway-Rockwood Community Ed
500 N. Central Avenue
Eureka, MO 63025-1229

NON PROFIT ORG
U.S. POSTAGE
PAID
PERMIT NO. 1816
ST. LOUIS, MO 63155

ECRWSS
Residential Customer



Parkway-Rockwood Community Ed has something for EVERYONE! If you're looking to try a new hobby, get away for a day or try a fitness program like yoga or tai chi you'll find the right fit for you.

- Art Classes..... Pg. 17 • Fitness Classes Pg. 12
- Aqua AerobicsPg. 34 • Tai Chi & Meditation..... Pg. 13
- Cooking Pg. 22 • Yoga..... Pg. 14
- Day Trips..... Pg. 23 • And More!

Find a program for you at www.prcommunityed.org